

1st International Public Health Conference

Khyber Medical University

27th – 28th February, 2019

“TOWARDS EVIDENCE BASED PUBLIC HEALTH”

PROGRAM OUTLINE (Feb 27 & 28, 2019)

DAY 1: February 27, 2019

Pre-Conference Day 1 (Feb 27, 2019)			
Code	Time/Venue	Workshop Title	Facilitator(s)
WS 1	9:00 am to 12:30 pm IPH Lecture Hall-II	Manuscript reading and writing.	Prof Dr. Adrian Heald (Oxford University UK)
WS 2	9:00 am to 12:30 pm IPH Lecture Hall-III	RCTs and cohort studies (practical issues)	Prof Dr. Jianming Wang (Nanjing Medical University, Nanjing, China)
WS 3	9:00 am to 12:30 pm IPMR Hall-IV	Outbreak investigation.	Dr Samia Latif (Public Health England UK).
WS 4	9:00 am to 12:30 pm IPMR Hall-V	Medical statistics for beginners using SPSS	Dr. Asif Ali (Associate Professor IBMS, Khyber Medical University)
WS 5	9:00 am to 12:30 pm Video conference Hall	SPSS: Inferential statistics (chi-square test, t test, Introduction to correlation and regression)	Prof Dr. Zia ul Haq (Dean Faculty of Public Health, Khyber Medical University)
WS 6	9:00 am to 12:30 pm IPMR Lecture Hall-III	Consultation skills and conflict management for clinicians	Dr. Jalil Khan (Assistant Professor IPH&SS, Khyber Medical University)
WS 7	9:00 am to 12:30 pm IPMR-TA, visiting capacity	Mendeley: Reference management software	Mr. Farhad Ali (Assistant Professor Khyber College of Dentistry)
WS 8	9:00 am to 12:30 pm BIC Hall	Addressing violence against health care in Peshawar	Dr. Faryal Baddia (International Committee of Red Cross).

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YOUNG RESEARCH FORUM (Communicable Disease):		
Venue: IPH Lecture Hall		
ORAL PRESENTATIONS (A)		
Judges:		
1) Prof. Dr. Adrian Heald		
2) Prof. Dr. Sabina Aziz		
3) Prof. Dr. Saeed Farooq		
4) Dr. Naveed Sadiq (Moderator)		
Time & Venue	Name of presenter	Title of presentation
OP A1 2:00pm-2:10pm	Mr. Muhammad Haddad	Direct and indirect cost of diabetes on diabetics – A case study of Peshawar.
OP A2 2:11pm-2:20pm	Dr Uzma Nazim	Frequency & Factors leading to Depression in Wives of Servicemen
OP A3 2:21pm-2:30pm	Dr Eiman Sumayah	Effectiveness of aerobic exercises as an adjunctive therapy in depression: a randomized controlled trial
OP A4 2:31pm-2:40pm	Dr. Muhammad bilal	Lumbosacral transional vertebrae and its prevalence in its Local Population
OP A5 2:41pm-2:50pm	Dr Usama Bin Zubair	Prevalence of suicide attempt among transgender and association with depression and other factors.
OP A6 2:51pm-3:00pm	Ms. Atiya munir	Prevalence of depression in transgender population at district Peshawar
OP A7 3:01pm-3:10pm	Mr. Meena Iqbal	Macronutrient intake among people with T2DM: Association with the risk factor of diabetic complications"
OP A8 3:11pm-3:20pm	Ms. Iqra arif	Prevalence of depression in elderly people of Hayatabad, Peshawar, Khyber Pakhunkhwa, Pakistan
OP A9 3:21pm-3:30pm	Mr. Muhammad Idris	Retinopathy in patients with uncontrolled diabetes
OP A10 3:31pm-3:40pm	Ms. Fatima M Khan	Exploring the factors influencing dietary behaviours of postgraduate students in Khyber Medical University, Peshawar.

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ORAL PRESENTATIONS (B) Venue: IPH Lecture Hall		
Judges: 1) Dr.Farhad Ali (Mediator) 2) Dr.Haider Darain 3) Dr.Brekhna Jamil 4) Dr.Fawad Khan		
OP B1 2:00pm-2:10pm	Dr. Sadia Rafique	Utilization of Basic EmONC (Emergency Obstetrics & Neonatal Care) Services by rural population of UC-120,Lahore"
OP B2 2:11pm-2:20pm	Dr .Ayesha Imtiaz	Prevalence and level of physical activity among adolescents in Pakistan: Protocol for a Systematic review
OP B3 2:21pm-2:30pm	Ms. Urooj Fatima	Are we getting addicted to internet? Is it affecting our lives?
OP B4 2:31pm-2:40pm	Mr. Sana Ullah	Prevalence, Determinants of Smoking and its Association with Academic Performance among Undergraduate Students. A Cross-Sectional Study
OP B5 2:41pm-2:50pm	Dr. Nighat Perveen	Assessment of nutritional status of elderly women of rural population of Maraka, Lahore. Sub-theme: Nutrition
OP B6 2:51pm-3:00pm	Ms. Sameena Naz	Level of stress and coping strategies among parents of preterm neonates in neonatal intensive care units of selected public sector tertiary care hospital Peshawar.
OP B7 3:01pm-3:10pm	Mr. Iftikhar Ali	The impact of event scale-Revised: Pyschometric properties of the Urdu version in a sample of high school children after 8 months of Army Public School attack in Peshawar, Pakistan
OP B8 3:11pm-3:20pm	Dr. Syed Aftab Raheem	Nutritional awareness and food preferences of adolescent girls in Government Colleges of Peshawar, Pakistan
OP B9 3:21pm-3:30pm	Mr. Narmeen Hashim	Effects of fasting on faculty health status and job efficiency in a medical teaching institute

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ORAL PRESENTATIONS (C): COMMUNICABLE DISEASE

Venue: Video Conference Hall

Judges:

- 1) Dr.Saima Abid
- 2) Dr.Tauseef Aman
- 3) Dr.Samia Latif
- 4) Dr.Asif Ali (Medaitor)

OP C1 2:00pm-2:10pm	Dr.Yasir Israr	Antibiotic resistance
OP C2 2:11pm-2:20pm	Dr.Alina Mehwish	Frequency Of Antibiotic Resistance Genes Expressed in Hayatabad Industrial Estate Effluents Micro-biota
OP C3 2:21pm-2:30pm	Mr. Mujtaba Haider Bukhari	Effectiveness of health education message in improving tetanus health literacy; a quasi-experimental study.
OP C4 2:31pm-2:40pm	Dr. Attaullah	Chicken pox outbreak investigation in tehsil Ghulam khan, north Waziristan agency fata, Pakistan in June-august 2017
OP C5 2:41pm-2:50pm	Dr. Hana Mahmood	Understanding the Reasons for Delay in Seeking Care for Pneumonia and Recurrent Wheeze among Caregivers of Children under Five in Pakistan
OP C6 2:51 pm-3:00pm	Dr.Shaina Zaman	Factors influencing antibiotic prescriptions in teaching dental hospitals of Peshawar and dentists' attitude towards them. Should we be concerned?
OP C7 3:01 pm-3:10pm	Dr. Nida Murad	Serious post extraction complaint: A study at Peshawar Dental College, Khyber Pakhtunkhwa
OP C8 3:11 pm-3:20pm	Dr. Zahir Shah	Physiologic & biochemical Effects Of Electro-acupuncture Combined With IM administration of Clonidine to provide analgesia in goats
OP C9 3:21 pm-3:30pm	Dr. Sarmad Syed	Knowledge, Attitude and Practices regarding oral cancer screening amongst house officers in teaching dental colleges of Peshawar

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3 MINUTES THESIS PRESENTATIONS

3:30pm to 4:00pm at Multipurpose Hall

Judges:

Prof Dr. Adrian Heald

Prof Dr. Jianming Wang

Dr Muhammad Naseem Khan

3MT 1	Dr. Muhammad Firaz	Prevention suicide in Schizophrenia
3MT 2	Dr. Waqar Ali	Impact of school-based programs on preventing tobacco use
3MT 3	Mr. Sheraz Fazid	Socio-economic status- A viscous cycle: Does it matter in child's growth spurt.
3MT 4	Dr. Basharat Hussain Gillani	A whisper in the storm: Eldercare at primary Health in Khyber Pakhtunkhwa ; current status, barriers, Enhancers and future prospect
3MT 5	Dr. Haroon	The difference in effectiveness of two contrasting strategies used for the management of common mental disorders in a tertiary healthcare facility in Swat, Pakistan: “individuals psychological help” for adults impaired by distress versus the use commonly prescribed medications.
3MT 6	Dr. Fayaz Ahmad	Smokeless tobacco control Khyber Pakhtunkhwa
3MT 7	Dr. Ijaz Habib	Effectiveness of locally produced RUSF on birth outcome. Evidence from a tribal district of Khyber Pakhtunkhwa
3MT 8	Dr. Imran Marwat	Responding to public health needs of IDPs in Pakistan.

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PLENARY SESSIONS 27th February			
2:00 Pm To 4:00 PM Parallel Session At Senate Hall KMU			
Moderator: Dr. Kashif Samin			
S No	Time	Topic	Presenter
P 1	2:00 pm to 2:12 pm	NTDs and their Control in Pakistan in the Era of STDs	Dr. Qutbuddin Kakar (National program Officer)
P 2	2:13 pm to 2:24 pm	Chronic Malnutrition role of World food program	Dr. Ijaz Habib (Provincial Nutrition Head) WFP
P 3	2:25 pm to 2:36 pm	Nutrition in emergencies	Mr. Aien Khan (UNICEF)
P 4	2:37 pm to 2:48 pm	The roles and molecular mechanisms of lncRNA MALAT1-regulated Warburg effect in arsenic-induced liver cancer	Prof Dr Qizhan Liu (Prof. Ninjang Medical University China)
P 5	2:49 pm to 3:00 pm	The role of diagnostic stewardship in diagnosis of Vaccine preventable diphtheria.	Dr Muhammad Salman (IHR/AMR Focal person for Pak)
P 6	3:01 pm to 3:12 pm	Addressing Violence Against Health Care Workers in Peshawar	Dr. Faryal Baddia (Manager HCID Peshawar ICRC)
P7	3:13pm to 3:25pm	Digital mental health: are we ready for the revolution?	Dr. Muhammad Irfan (Head of Psychiatry (DPTT PMC)
P8	3:26pm to 4:00pm	Discussion	

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DAY 2: February 28, 2019

08:00 am to 09:00 am	REGISTRATION	
RECITATION FROM HOLY QURAN		
1st Plenary Session: Non Communicable Disease (Multipurpose Hall KMU) (09:00am to 10:30am)		
Chair/s: Dr. Muhammad Naseem khan (Director IPH&SS)		
Moderator: Dr. Aliya Hisam		
09:00 am to 09:10 am	Coronary Artery Disease (CAD)	Prof. Dr Muhammad Hafizullah (Dean Faculty Of Cardiology CPSP)
09:11 am to 09:20 am	Prevalence of pre-diabetes and Diabetes in Pakistan using HbA1c. Largest population based survey of Pakistan.	Prof Dr. AH. Amir (HOD Endocrinology Unit HMC)
09:21 am to 09:30 am	Cancer prevention, Screening and early detection	Dr Fawad Ul Qamar (Consultant Oncologist SKMCH Peshawar)
09:31 am to 09:40 am	Evidence-Based Public Mental Health- the Good News from Pakistan!	Prof Dr. Saeed Farooq (Keele University)
09:41 am to 09:50 am	National essential Public health service package in China	Prof Dr. Jianming Wang (Nanjing Medical University, Nanjing, China)
09:51 am to 10:00 am	Family practice approach in Pakistan	Dr Kashif Samin (Assist. Prof. IPH&SS,KMU)
10:01 am to 10:30 am	Questions & Answers	

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POSTER PRESENTATIONS (A)		
10:30am to 11:00am		
Judges: Dr Fawad khan Dr. Samia Latif		
PP A1	Ms. Fouzia Perveen	How feasible is to engage private clinics in delivering TB care Pakistan experience.
PP A2	Ms. Laila Khan	Dentistry : By choice or chance
PP A3	Ms. Saima Abid	Knowledge and attitude of students regarding the formal mentorship program for medical education
PP A4	Mr. Muhammad Tariq	Descriptive study regarding attitude of medical students about inclusion of artificial intelligence in undergraduate medical education in Peshawar Pakistan.
PP A5	Mr. Sheraz Fazid	The burden of depression in seven districts of Khyber Pakhtunkhwa
POSTER PRESENTATIONS (B)		
10:30am to 11:00am		
Judges: Prof Dr. Adrian Heald Dr. Asif Ali		
PP B1	Mr. Abbas khan	Physicochemical and rheological properties
PP B2	Mr. Shafqat Ullah shah	Assessment of provincial and district Health system regarding surveillance and outbreak response of Khyber Pakhtunkhwa
PP B3	Mr. Zohaib Ahmad	Exploring the drivers and willingness of smokeless tobacco supply chain actors to switch their business-A qualitative study
PP B4	Dr. Rubab farooqi	Determinants of dental caries among children attending special schools of Karachi
PP B5	Mr. Nasir khan	Assessment of surveillance and outbreak Response system of Communicable Diseases in Health Facilities of Six Districts of Khyber Pakhtunkhwa

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POSTER PRESENTATIONS (C) 10:30am to 11:00am		
Judges: Dr. Tuaseef Aman Mr. Farhad Ali		
PP C1	Ms. Urooj Aftab	Patient satisfaction with Health care services at secondary care Hospitals in Khyber Pakhtunkhwa
PP C2	Dr. Haroon Rashid	Post-traumatic stress disorder and association with low birth weight in displaced population following conflict in Malakand division Pakistan: A case control study
PP C3	Dr Aliya Hisam	1. Knowledge, attitude and practice regarding folic acid deficiency: A hidden hunger 2. Type A and type N personality among under graduate medical students: need for psycho social rehabilitation.
PP C4	Ms. Saadia Wali	Violence against healthcare personnel in district Peshawar
PP C5	Fatima, Musa & Shayan	Assessment of risk factors of Lung Cancer
PP C6	Rizwana	Prevalence of Hypertension in adolescents of private Schools, Hayatabad, Peshawar.
POSTER PRESENTATIONS (D) 10:30am to 11:00am		
Judge: Prof. Dr. Sabina Aziz Dr. Naheed Mahsood		
PP D1	Dr. Saeed Ahmad	Health resource availability mapping system. Findings from health facilities of tribal districts of Khyber Pakhtunkhwa (EX-FATA).
PP D2	Ms. Hira	Nutritional status and dietary intake of boarder female students University Peshawar.
PP D3	Mr. Matiullah	Perception of community regarding Dietary requirements of pregnant and lactating women during pregnancy/lactation and its importance in the development of their child.
PP D4	Mr. Shafqat Ullah Shah	Assessment of Provincial and District health system regarding surveillance and outbreak response of Khyber Pakhtunkhwa
PP D5	Mr. Sifat Ullah	Exploring barriers and facilitators to implementing a policy for smokeless tobacco sale to and by minors: A qualitative study with supply chain actors.

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11:00 am to 11:30 am	TEA-BREAK AND DISCUSSION	
2nd Plenary Session: Health Systems (Multipurpose Hall KMU) (11:30am to 12:30pm)		
Moderator: Dr. Zohaib Khan		
Time	Presentation title	Presenter
11:31am to 11:40am	Integrated Disease surveillance reporting system	Dr. Shaheen Afridi (Public Health Expert)
11:41 am to 11:50 am	Joining up the Digital Health : What we can Learn from the UK Experience	Prof Dr. Adrian Heald (Oxford University UK)
11:51 am to 12:00 pm	Health response during Mosul operation by the health cluster Iraq	Dr. Fawad (Health Cluster Coordinator UNICEF Iraq)
12:01 pm to 12:10 pm	Significance of Public Health Association (PHA) in Low and Middle income countries like Pakistan	Dr. Shabina Raza (Patron: Public Health Association KP/former DG Health KP)
12:11 pm to 12:20 pm	Sharing best practices for maintaining optimal EPI Coverage in Security Compromised areas; experiences of working in challenging environment in Yemen	Dr BILAL (Immunization specialist UNICEF Yemen)
12:21 pm to 12:30 pm	Questions and Answers	
12:31 am to 01:00 pm	LUNCH AND PRAYER BREAK	

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3rd Plenary Sessions: Communicable Diseases (Multipurpose Hall KMU)		
Chair/s: Prof Dr. Zia Ul Haq (Dean FPH&SS)		
Moderator: Dr. Naveed Sadiq		
Time	Presentation title	Presenter
02:00 pm to 02:12 pm	The Novel Strain of the Unvaccinated; a Measles Outbreak	Dr. Samia Latif (Consultant Public Health England)
02:13 pm to 02:24 pm	TB in South Asia	Prof Dr. Arshad Javaid (Vice Chancellor KMU)
02:25 pm to 02:36 pm	HIV/AIDS Epidemic in Pakistan	Dr. Maria Elina (Country Director UNAIDS)
02:37 pm to 02:48 pm	Minor injuries , Major issues	Dr.Hamid Shehzad (Dirctor accident & emergency LRH)
02:49 pm to 03:00 pm	Use of technology to improve Essential immunization	Dr. Akram Shah (Provincial N-STOP (FELTP) officer. Khyber Pakhtunkhwa)
03:01 pm to 03:30 pm	Questions and Answers	

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CLOSING CEREMONY		
Chief Guest: Health Minister: Government of Khyber Pakhtunkhwa		
03:30pm to 03:35 pm	Prof. Dr. Zia ul Haq (Dean Faculty of Public Health & Social Sciences KMU)	Summary of the conference
03:36pm to 03:45 pm	Dr. Hisham Inamullah Khan (Minister of Health Khyber Pakhtunkhwa)	Khyber Pakhtunkhwa health policy
03:46pm to 03:50pm	Prof. Dr. Arshad Javaid (Vice chancellor Khyber Medical University)	Vote of thanks
03:51pm to 03:55pm	Awards for <ol style="list-style-type: none">1. “Champion of Public Health” (Nominated by Department of Health)2. “Outstanding service to medical editing” (Nominated by ORIC)3. “You are a gem” Nominated by IPH&SS	Health Minister Khyber Pakhtunkhwa
03:56pm to 04:00pm	Awards to Oral and Poster presentation Winner	Health Minister Khyber Pakhtunkhwa
04:00pm to 04:05pm	Awards for the conference organizing committee	Health Minister Khyber Pakhtunkhwa
04:05pm to 04:10pm	Award to Registrar KMU Award Pro Vice Chancellor KMU Award to Vice Chancellor KMU Award to Health Minister, Government of KP	

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Medical Emergency Resilience Foundation (MERF) is a Pakistan based non-government not-for-profit organization registered under the Companies Act 2017 (formerly Companies Ordinance 1984). Established in 2015, MERF is committed to improve access to quality health care services which are equitable, efficient and affordable in collaboration with government, international organizations and private entities. MERF is implementing projects in health, nutrition and WASH sectors across Pakistan. MERF focuses on strengthening health care services delivery, capacity building of health workers, health care governance, supply chain management, health management information system and health care policy and planning in order to positively contribute to the health status of the population.

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The International Committee of the Red Cross (ICRC) has been working in Pakistan since 1947. In a country of 200 million people with a number of overwhelming humanitarian issues, the recipe is to tailor local solutions, work as a force multiplier, create communities of concern and teach best practice. Currently, in partnerships with credible national organizations, the ICRC is working to bring real and long-term change in the fields of health, physical rehabilitation, mine risk education, restoring family links, promotion of international humanitarian law, and forensics.



In Khyber Pakhtunkhwa, significant developments in our existing partnership with Lady Reading Hospital (LRH) include the establishment of the first ever Nursing Skills Laboratory in Pakistan and a clinic for the treatment of the children with Club Foot deformity. Similarly, the ICRC has also signed a framework agreement with Khyber Medical University (KMU) to train the healthcare professionals from KP/FATA for the treatment of wounded and sick patients. Together with KMU, the ICRC is also undertaking an in-depth study on the issue of violence against health care in KP in order to find and propose measures to address the issue. Providing physical rehabilitation services to people with physical disabilities is another major area the ICRC is working since 1984. The Physical rehabilitation program is providing services through 16 partners and supporting 25 Physical rehabilitation centers across Pakistan. In 2017, more than 52,000 people with disabilities benefited from the ICRC supported centers in Pakistan.

For more information visit our website: www.icrc.org

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I thank all the team involved in organizing the conference, who have worked tirelessly to make this event a success

Prof. Dr. Arshad Javaid
 VC Khyber Medical University

CONFERENCE ORGANIZING TEAM

Chief Organizer: Prof. Dr. Zia Ul Haq

Conference Coordinator: Dr. Khalid Rehman

Scientific Committee		
1.	Prof. Dr. Zia Ul Haq	Dean, Faculty of Public Health & Social Sciences, KMU
2.	Dr. Muhammad Naseem Khan	Director , KMU-IPH&SS
3.	Dr. Saima Afaq	Assistant Professor, KMU-IPH&SS
4.	Dr. Zohaib Khan	Director (ORIC) KMU
5.	Dr. Khalid Rehman	Assistant Professor, KMU-IPH&SS
6.	Dr. Naveed Sadiq	Assistant Professor, KMU-IPH&SS
7.	Dr. Ayesha Imtiaz	Assistant Professor, KMU-IPH&SS
8.	Dr. Ayaz Ayub	Assistant Professor, KMU-IPH&SS
9.	Dr. Abdul Jalil Khan	Assistant Professor, KMU-IPH&SS
10.	Dr. Kashif Ali Samin	Assistant Professor, KMU-IPH&SS
11.	Dr. Waqas Mohhyuddin	Lecturer, KMU-IPH&SS
12.	Dr. Shaista Rasul	Lecturer, KMU-IPH&SS
13.	Dr. Muhammad Jawad	Lecturer, KMU-IPH&SS
14.	Dr. Fayaz Ahmad	Lecturer, KMU-IPH&SS
15.	Dr. Maria Ishaq Khattak	Lecturer, KMU-IPH&SS
16.	Dr. Nauman Arif	Lecturer, KMU-IPH&SS
17.	Mr. Matiullah	TMO, KMU-IPH&SS
Promotion Committee		
1.	Dr. Shaista Rasool	Secretary of the committee Lecturer , KMU-IPH&SS
2.	Dr. Saima Abid	Associate Professor , Pak International Medical College
3.	Dr. Maria Ishaq Khattak	Lecturer, KMU-IPH&SS
4.	Dr. Tauseef Aman	Assistant Professor , KGMC
5.	Dr. Saima Afaq	Assistant Professor , KGMC
6.	Mr. Aftab Sahar	TMO , KMU-IPH&SS

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Operational Committee		
1.	Dr. Khalid Rehman	Assistant Professor, KMU-IPH&SS/ Chairman
2.	Dr. Zeeshan Kibria	Deputy Director (ORIC), Secretary
3.	Dr. Waqas Mohyuddin	Lecturer, KMU-IPH&SS
4.	Mr. Hafiz Ilyas	Deputy Director Admin, KMU
5.	Mr. Rahmat Ullah Khan	Office Manager, KMU-IPH&SS
6.	Dr. Nauman Arif	Lecturer, KMU-IPH&SS
7.	Mr. Sheraz Fazid	Epidemiologist , KMU-IPH&SS
8.	Mr. Alamgir	Media and protocol officer
9.	Dr. Zohaib Ahmad	Research Assistant IPH&SS
10.	Mr. Afzal Shah	TMO , KMU-IPH&SS
11.	Mr. Afzal Akbar	TMO , KMU-IPH&SS
12.	Dr. Waqar Ahmed	TMO , KMU-IPH&SS
VOLUNTEER STUDENTS OF IPH&SS		
1	Dr. Ikram Khan	3 rd Semester IPH&SS KMU
2	Dr. Owais Naeem Khan	3 rd Semester IPH&SS KMU
3	Mr. Wali Muhammad	3 rd Semester IPH&SS KMU
4	Mr. Nisar Muhammad	3 rd Semester IPH&SS KMU
5	Mr. Shujat Faqir	4 th Semester IPH&SS KMU
Diary and Dispatch Committee		
1.	Mr. Rahmat Zada	Dispatch Clerk, KMU
2.	Mr. Asad Ullah	Diary Clerk, KMU
3.	Mr. Abdullah Shah	Rider, KMU
Hospitality committee		
1.	Dr. Maria Ishaq Khattak	Secretary of the committee
2.	Dr. Umaima Saeed	Organizer of the committee