



**OUT PATIENT SERVICES
IN KHYBER MEDICAL
UNIVERSITY IN INSTITUTE
OF PUBLIC MENTAL
HEALTH AND
BEHAVIOURAL
SCIENCES**

WHAT ARE THESE SERVICES

We aim to adopt holistic approach providing:

Drug treatment
Talking therapies

- Mood disorders including
- Major depressive disorder
- Bipolar disorder
- Psychotic disorders
- Trauma and Related disorders
- Eating disorders
- Substance Use disorders
- Anxiety disorders
- Childhood and old age disorders



INTENDED FOR

- All age groups
- Experiencing any difficulties in their mental and psychological wellbeing.
- Need assessment for any psychological problems
- Need management in psychological problems

**TOGETHER FOR
A HEALTHIER
MIND**



WHAT SETS US APART

- Free assessment by consultant psychiatrist and experienced psychologist.
- Detail assessment using standardized assessment tools.
- Management through medications
- Free consultation and talking therapies such as supportive therapies, cognitive behavioral therapies by therapist trained in these talking therapies.

OUR TEAM

Our team is group of qualified mental health professionals that consist of:

- Consultant Psychiatrists
- Experienced Psychologist

SERVICE OFFERED AS

Outpatient services

DAYS

Monday to Thursday

TIMING:

9am to 1 pm



CONTACT US

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