

# KHYBER MEDICAL UNIVERSITY

# **GENERIC B.SC NURSING CURRICULUM**

# YEAR TWO STUDY GUIDE

(SEMESTER 3)

16 Weeks Activity Planner

2022-23

CENTRAL CURRICULUM & ASSESSMENT COMMITTE FOR NURSING, REHABILITATION SCIENCES & ALLIED HEALTH SCIENCES

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## CENTRAL CURRICULUM & ASSESSMENT COMMITTEE

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# Introduction

# **KMU VISION**

Khyber Medical University will be the global leader in health sciences academics and research for efficient and compassionate health care.

#### **KMU MISSION**

Khyber Medical University aims to promote professional competence through learning and innovation for providing comprehensive quality health care to the nation.

## **CENTRAL CURRICULUM COMMITTEE**

Opened new door, for the beginning of new era under the supervision of Prof Dr. Zia ul Haq, VC Khyber Medical University and Dr. Brekhna Jamil Director IH¬PE&R the Central Curriculum & Assessment Committe has been formulated. This is first step taken to change the dynamics of Allied Health Sciences and Nursing Education in Pakistan. Committee by using a craft man approach has developed study guide which will provide pathways for other to follow and KMU will pre-serve the leadership in providing quality education across Pakis9tan and will be a reference point of quality in future. Committe has developed curricula to promote inter-professional learning, enhancing and improving the quality of life for people by discovering, teaching and applying knowledge related to Nursing, rehabilitation Sciences & Allied Health sciences.

High-quality education is relevant to patient needs and the changing patterns of skills that are demanded by modern health care and aligning assessment and providing quality training to students will definitely will be the outcome. Which will strengthen and enhance quality of Health System across Pakistan.

#### The Central Curriculum & Assessment Committee is as follows:

Dr. Brekhna Jamil	Chairperson	Director Institute of Health Professions Education & Research, KMU
Prof. Dr. Zia Ul Islam	Member	Professor ENT
Dr. Syed Hafeez Ahmad	Member	Addl. Controller of Examination Khyber Medical University
Dr. Danish Ali Khan	Member	Deputy Dean Medical Profession- al Education Department Alliance Healthcare (PVT) LTD
Sardar Ali	Member	Assistant Professor Institute of Nursing Khyber Medical University
Muhammad Asif Zeb	Member	Lecturer Institute of ParaMedical Sciences Khyber Medical University
Nazish A Qadir	Member	Lecturer Institute of Physical Medicine & Rehabilitation Khyber Medical University
Syed Amin Ullah	Member	Assistant Director Academics Khyber Medical University

# **INTRODUCTION**

The B.S (Generic) Nursing Programme aspires to prepare nurses in a multidisn-ciplinary environment enabling them to work in an ever changing complex health care delivery system and to attain their true potentials in becoming competent, caring, and inquisitive members of the health care teams for improving the health status of individuals, families and the society at large.

B.S Nursing is a 4-years programme that prepares graduates to provide safe, competent and compassionate nursing care grounded in theory and professional standards. The curriculum is based on the concepts of relational practice, lead¬ership, critical nursing inquiry and ethics of care. The curriculum further gives an opportunity to the students to acquire a good deal of experience to work at vari¬ous levels of health organizations including basic health units, rural health centers, community clinics, specialized and tertiary health care settings.

# **OBJECTIVES**

By the end of this program, students should be able to:

- 1. Develop nursing graduates skilled with progressive theoretical as well as practical knowledge and skills.
- 2. Educate nurses working with different capacities and various roles in health care institutions/organizations.
- 3. Train nurses for giving care with leadership, management, problem solving and decision making skills.
- 4. Integrate logics and reasoning in complex situations or settings while providing holistic care to patients.
- Prepare nurses with analytical, critical thinking and research skills to promote evidenced based care.

# THIRD SEMESTER SUBJECTS

S.No	Subjects	Duration
1	NU-201 ADULT HEALTH NURSING-I 8(4-4)	16 weeks
2	NU-202 PATHOPHYSIOLOGY-I 2(1.7525)	16 weeks
3	NU-203 HEALTH ASSESSMENT-I 2(1-1)	16 weeks
4	NU-204 PHARMACOLGY-I 2(2-0)	16 weeks
5	NU-205 MATHEMATICS 1(1-0)	16 weeks
6	NU-206 ENGLISH-III 2(2-0)	16 weeks

# 3<sup>rd</sup> Semester

# NU-201 ADULT HEALTH NURSING-I 8(4-4)

# **Course Description**

This course aimed to furnish learners with the knowledge and skills to care for an adult patient admitted to the hospital with a disease condition. It emphasizes on effective utilization of nursing process to provide care to the client and facilitate them in restoration of optimum health. Assessment Tool has been utilized for recognizing the responses towards disease process on individuals and their families and plan care accordingly. Specific nursing skills and procedures necessary to care for ill patients are included. Learners are exposed to the variety of clinical settings to integrate theory into practice under supervision.

# **Cognitive Domain**

By the end of this subject, students should be able to:

- Discuss the disease process, medical and surgical management, including patient's education for client's experiencing Hematology, Immunological Genitourinary, Gastrointestinal, Fluid, Electrolyte and Acid Base Balance and Imbalance, Cellular adaptation and aberrant cell growth disorders.
- 2. Discuss the purposes, indications and the nursing care of clients undergoing medical, surgical and diagnostic procedures related to the above-mentioned disorders.
- 3. Utilize nursing process when caring for adult clients and their families related to above-mentioned disorders.
- 4. Integrate knowledge of pathophysiology, nutrition & pharmacology for clients experiencing above-mentioned disorders
- 5. Begin to recognize the need for integrating research-based information in the care of clients.

## **Skills Domain**

By the end of this subject, students should be able to:

- Demonstrate Clinical skills as per nursing guideline for Adult Patients.
- Demonstrate Clinical skills for assessing and managing patients with GIT Disorders.
- Demonstrate Clinical skills for assessing and managing patients with electrolyte Imbalances Disorders.
- 4. Demonstrate Clinical skills for assessing and managing patients with genitourinary tract Disorders.
- Demonstrate Clinical skills for assessing and managing patients with Respiratory Disorders.
- Demonstrate Clinical skills for assessing and managing patients with hematology Disorders.
- Demonstrate Clinical skills for assessing and managing patients with immunological Disorders.
- 8. Demonstrate awareness of the importance of legal and ethical issues in nursing practice.

#### **Affective Domain**

By the end of this subject, students should be able to:

- Follow the specified norms of the IL, SGD teaching & learning.
- Demonstrate the humbleness and use the socially acceptable language during academic and social interactions with human models, colleagues and teachers.
- 3. Demonstrate ethically competent decisions when confronted with an ethical, social or moral problem related to professional or personal life.

# TOS -NU 201 ADULT HEALTH NURSING-I 8(4-4)

c su		Combant			Domair	ı	N 417/	l I.		No of
S.No	Weeks	Content	Learning Outcomes	С	Р	Α	MIT's	Hours	Assesment	Items
		то	PIC: GASTROINTESTINAL-GIT DISORDERS (DISORDERS OF N	иоитн	AND E	SOPHA	GUS)			
1		Gastrointestinal System	Review the anatomy and physiology of Gastrointestinal System	C2						
2			Discuss the causes, pathophysiology and manifestations of Stomatitis	C2						
3		Stomatitis	Discuss the diagnostic, medical and surgical management of Stomatitis	C2				2	MCQ's	2
4		Stomatitis	Apply nursing process with ADPIE Format of care provided to clients with Stomatitis	C3						
5			Develop a teaching plan for a client experiencing disorder of Stomatitis	C5						
6		Oral Cancer/Tumor	Discuss the causes, pathophysiology and manifestations of Oral Cancer/Tumor	C2			Interactive Lecture/SGD			
7			Discuss the diagnostic, medical and surgical management of Oral Cancer/Tumor	C2						
8			Apply nursing process with ADPIE Format of care to clients with Oral Cancer/Tumor	C3						
9	Week-1		Develop a teaching plan for a client experiencing disorder of Oral Cancer/Tumor	C5						
10			Discuss the causes, pathophysiology and manifestations of Salivary Gland Disorders	C2						
11			Discuss the diagnostic, medical and surgical management of Salivary Gland Disorders	C2						
12		Gland Disorders	Apply nursing process with ADPIE Format of care to client of Salivary Gland Disorder	C3						
13			Develop a teaching plan for a client experiencing disorder of Salivary Gland Disorders	C5						
14			Discuss the causes, pathophysiology and manifestations of Salivary Gland Disorders	C2						
15			Discuss diagnostic, medical, surgical management of Gastro Esophageal Reflux Disorder	C2						
16		Gastro Esophageal Reflux Disorder	Apply nursing process with ADPIE to the clients with Gastro Esophageal Reflux Disorder	C3						
17			Develop a teaching plan for a client experiencing of Gastro Esophageal Reflux Disorder	C5						

## CENTRAL CURRICULUM & ASSESSMENT COMMITTEE

18			Discuss the causes, pathophysiology and manifestations of Hiatal Hernia	C2						
19		Hiatal Hernia	Discuss the diagnostic, medical and surgical management of Hiatal Hernia	C2						
20		Hiatai Hernia	Apply nursing process with ADPIE Format of care to clients with Hiatal Hernia	C3						
21			Develop a teaching plan for a client experiencing disorder of Hiatal Hernia	C5				2		
22			Discuss the causes, pathophysiology and manifestations of Achalasia	C2			Interactive Lecture/SGD		MCQ's	
23		Achalasia	Discuss the diagnostic, medical and surgical management of Achalasia	C2						
24		ACTIGIOSIO	Apply nursing process with ADPIE Format of care to clients with Achalasia	C3						
25			Develop a teaching plan for a client experiencing disorder of Achalasia	C5						2
26		Diverticula	Discuss the causes, pathophysiology and manifestations of Diverticula	C2						2
27	Week-1		Discuss the diagnostic, medical and surgical management of Diverticula	C2						
28		Diverticula	Apply nursing process with ADPIE Format of care to clients with Diverticula	C3						
29			Develop a teaching plan for a client experiencing disorder of Diverticula	C5						
30			Discuss the causes, pathophysiology and manifestations of Esophageal Cancer/Tumor	C2						
31		Esophageal Cancer/Tumor	Discuss the diagnostic, medical and surgical management of Esophageal Cancer/Tumor	C2						
32		Lsophageal Cancel/Tullion	Apply nursing process with ADPIE Format of care to clients with Esophageal Cancer/Tumor	C3						
33			Develop a teaching plan for a client experiencing disorder of Esophageal Cancer/Tumor	C5						
34			Demonstrate to take history of the patient with Gastrointestinal Disorders		P5		Demo		OPSE	
35		Practical	Maintain the ethical standards during taking history of the patient admitted with GI problems			А	Role Play	11	Formative Assess- ment	5
			TOPIC: GASTROINTESTINAL-GIT DISORDERS (DISORD	ERS OF	STOMA	CH)				

36			Discuss the causes, pathophysiology and manifestations of Gastritis	C2						
37		Gastritis	Discuss the diagnostic including gastric analysis, medical and surgical management of Gastritis	C2						
38			Apply nursing process with ADPIE Format of care to clients with Gastritis	C3						
39			Develop a teaching plan for a client experiencing disorder of Gastritis	C5				4	MCQ's	
40		Ulcer Disease	Discuss the causes, pathophysiology and manifestations of Ulcer Disease	C2						
41			Discuss the diagnostic, medical and surgical management of Ulcer disease	C2			Interactive Lecture/SGD			5
42			Apply nursing process with ADPIE Format of care to clients with Ulcer Disease	C3						3
43	Week-2		Develop a teaching plan for a client experiencing disorder of Ulcer Disease	C5						
44		Gastric Carcinoma	Discuss the causes, pathophysiology and manifestations of Gastric Carcinoma	C2						
45			Discuss the diagnostic, medical and surgical management of Gastric Carcinoma	C2						
46		Gastric Carcinoma	Apply nursing process with ADPIE Format of care to clients with Gastric Carcinoma	C3						
47			Develop a teaching plan for a client experiencing disorder of Gastric Carcinoma	C5						
			Demonstrate to Insert NG (Nasogastric)Tube under supervision		P3		Demo		OPSE	
48	Practical	Practical	Properly explain the procedure and purpose of NG Tube insertion to the patient			А	Role Play	11	Formative Assess- ment	5

TOPIC: GASTROINTESTINAL-GIT DISORDERS (DISORDERS OF SMALL AND LARGE INTESTINE)

49			Discuss the causes, pathophysiology and manifestations of Irritable Bowel Syndrome	C2					
50		Irritable Bowel Syndrome	Discuss the diagnostic, medical and surgical management of Irritable Bowel Syndrome	C2					
51		annualie sener syntaneme	Apply nursing process with ADPIE Format of care to clients with Irritable Bowel Syndrome	СЗ					
52			Develop a teaching plan for a client experiencing disorder of Irritable Bowel Syndrome	C5		Interactive Lecture/SGD		MCQ's	
53		Hernias	Discuss the causes, pathophysiology and manifestations of Hernias	C2			2		2
54			Discuss the diagnostic, medical and surgical management of Hernias	C2					
55		nerriids	Apply nursing process with ADPIE Format of care to clients with Hernias	C3					
56	Week-3	-3	Develop a teaching plan for a client experiencing disorder of Hernias	C5					
57		Intestinal Obstruction	Discuss the causes, pathophysiology and manifestations of Intestinal Obstruction	C2					
58			Discuss the diagnostic, medical and surgical management of Intestinal Obstruction	C2					
59		intestinal Obstruction	Apply nursing process with ADPIE Format of care to clients with Intestinal Obstruction	C3					
60			Develop a teaching plan for a client experiencing disorder of Intestinal Obstruction	C5					
61			Discuss the causes, pathophysiology and manifestations of Hemorrhoids	C2					
62		Hemorrhoids	Discuss the diagnostic, medical and surgical management of Hemorrhoids	C2					
63			Apply nursing process with ADPIE Format of care to clients with Hemorrhoids	C3					

64		Hemorrhoids	Develop a teaching plan for a client experiencing disorder of Hemorrhoids	C5						
65			Discuss the causes, pathophysiology and manifestations of Colorectal Cancer	C2						
66			Discuss the diagnostic, medical and surgical management of Colorectal Cancer	C2				2	MCQ's	
67		Colorectal Cancer	Apply nursing process with ADPIE Format of care to clients with Colorectal Cancer	C3			Interactive Lecture/SGD			
68			Develop a teaching plan for a client experiencing disorder of Colorectal Cancer	C5						2
69	Week-3		Discuss the causes, pathophysiology and manifestations of Appendicitis	C2						
70			Discuss the diagnostic, medical and surgical management of Appendicitis	C2						
71		Appendicitis	Apply nursing process with ADPIE Format of care to clients with Appendicitis	C3						
72			Develop a teaching plan for a client experiencing disorder of Appendicitis	C5						
73		Practical	Demonstrate feeding among the patients with NG (Nasogastric) tube		P4		Demo	11	OPSE	5
74		Practical	Maintain the ethical norms when explain the purpose of tube feeding to the patient			А	Role Play	Formative Assess- ment	5	

75			Discuss the causes, pathophysiology and manifestations of Peritonitis	C2						
76		Peritonitis	Discuss the diagnostic, medical and surgical management of Peritonitis	C2						
77				Apply nursing process with ADPIE Format of care to clients with Peritonitis	C3					
78		1	Develop a teaching plan for a client experiencing disorder of Peritonitis	C5				MCQ's		
79			Discuss the causes, pathophysiology and manifestations of Ulcerative Colitis	C2			2			
80	Week-4		Discuss the diagnostic, medical and surgical management of Ulcerative Colitis	C2		Interactive			2	
81		week-4	orcerative contis	Apply nursing process with ADPIE Format of care to clients with Ulcerative Colitis	C3		Lecture/SGD	2	IVICQ S	2
82			Develop a teaching plan for a client experiencing disorder of Ulcerative Colitis	C5						
83			Discuss the causes, pathophysiology and manifestations of Chron's Disease	C2						
84		Chron's Disease	Discuss the diagnostic, medical and surgical management of Chron's Disease	C2						
85		_	Apply nursing process with ADPIE Format of care to clients with Chron's Disease	С3						
86			Develop a teaching plan for a client experiencing disorder of Chron's Disease	C5						

87			Discuss the causes, pathophysiology and manifestations of Anorectal Abscess							
88		Anorectal Abscess	Discuss the diagnostic, medical and surgical management of Anorectal Abscess							
89		Anorectal Abscess	Apply nursing process with ADPIE Format of care to clients with Anorectal Abscess							
90			Develop a teaching plan for a client experiencing disorder of Anorectal Abscess							
91			Discuss the causes, pathophysiology and manifestations of Anal Fissure							
92		Anal Fissure	Discuss the diagnostic, medical and surgical management of Anal Fissure				Interactive Lecture/SGD	2	MCQ's	2
93	Week-4	Anai rissure	Apply nursing process with ADPIE Format of care to clients with Anal Fissure				Lecture/SGD			
94			Develop a teaching plan for a client experiencing disorder of Anal Fissure							
95			Discuss the causes, pathophysiology and manifestations of Anal Fistula							
96			Discuss the diagnostic, medical and surgical management of Anal Fistula							
97		Anal Fistula	Apply nursing process with ADPIE Format of care to clients with Anal Fistula							
98			Develop a teaching plan for a client experiencing disorder of Anal Fistula							
99		Practical	Provide ostomy care to the patient		P4		Demo	11	OPSE	5
100		Plactical	Provide morally acceptable care while caring the patient with an ostomy			А	Role Play		Formative Assess- ment	5
			TOPIC: GASTROINTESTINAL-GIT DISORDERS (HEPATOBILIAR	RY SYST	EM DIS	ORDER	S)			

GENERIC B.SC NURSING CURRICULUM

101			Discuss the causes, pathophysiology and manifestations of Pancreatitis	C2					
102		Day and this	Discuss the diagnostic, medical and surgical management of Pancreatitis	C2					
103		Pancreatitis	Apply nursing process with ADPIE Format of care to clients with Pancreatitis	C3					
104			Develop a teaching plan for a client experiencing disorder of Pancreatitis	C5					
105			Discuss the causes, pathophysiology and manifestations of Pancreatic Pseudocyst/Abscess	C2					
106	Week-5	Pancreatic Pseudocyst/	Discuss the diagnostic, medical and surgical management of Pancreatic Pseudocyst/Abscess	C2		Interactive	2	MCQ's	2
107	week-5	Abscess	Apply nursing process with ADPIE of care to clients with Pancreatic Pseudocyst/Abscess	C3		Lecture/SGD	2	IVICQ'S	2
108			Develop a teaching plan for a client experiencing disorder of Pancreatic Pseudocyst/Abscess	C5					
109			Discuss the causes, pathophysiology and manifestations of Pancreatic Carcinoma	C2					
110		Pancreatic Carcinoma	Discuss the diagnostic, medical and surgical management of Pancreatic Carcinoma	C2					
111		Tancieatic Carcinoma	Apply nursing process with ADPIE Format of care to clients with Pancreatic Carcinoma	C3					
112			Develop a teaching plan for a client experiencing disorder of Pancreatic Carcinoma	C5					

113			Discuss the causes, pathophysiology and manifestations of	C2						
113			Hepatic Abscess	(2						
114		Hepatic Abscess	Discuss the diagnostic, medical and surgical management of Hepatic Abscess	C2						
115		Trepatic Abscess	Apply nursing process with ADPIE Format of care to clients with Hepatic Abscess	C3						
116			Develop a teaching plan for a client experiencing disorder of Hepatic Abscess	C5			Interactive	2	MCQ's	2
117	Week-5		Discuss the causes, pathophysiology and manifestations of Cancer of Liver	C2			Lecture/SGD	2	MCQS	2
118	vveek-5	Cancer of Liver	Discuss the diagnostic, medical and surgical management of Cancer of Liver	C2						
119		Cancer of Liver	Apply nursing process with ADPIE Format of care to clients with Cancer of Liver	C3						
120			Develop a teaching plan for a client experiencing disorder of Cancer of Liver	C5						
121		Practical	Provide nursing care to client undergoing Upper/lower GI (Gastro Intestinal) endoscopies/biopsies		P4		Demo	11	OPSE	5
122		Practical	Maintain the professional norms while caring the patients undergoing endoscopies and biopsies			А	Role Play		Formative Assess- ment	5
			TOPIC: GASTROINTESTINAL-GIT DISORDERS (HEPATOBILIA	ov cvct	EM DIS	∪bDEb	S)			

TOPIC: GASTROINTESTINAL-GIT DISORDERS (HEPATOBILIARY SYSTEM DISORDERS)

123			Discuss the causes, pathophysiology and manifestations of Cirrhosis of Liver	C2						
124		Cirrhosis of Liver	Discuss the diagnostic, medical and surgical management of Cirrhosis of Liver	C2						
125		Cirriosis of Liver	Apply nursing process with ADPIE Format of care to clients with Cirrhosis of Liver	C3						
126			Develop a teaching plan for a client experiencing disorder of Cirrhosis of Liver	C5						
127			Discuss the causes, pathophysiology and manifestations of Cholecystitis	C2						
128	Week-6		Discuss the diagnostic, medical and surgical management of Cholecystitis	C2		Interactive	2	MCO's	2	
129	week-o		Apply nursing process with ADPIE Format of care to clients with Cholecystitis	C3		Lecture/SGD	۷	IVICQ'S	2	
130		Cholecystitis	Develop a teaching plan for a client experiencing disorder of Cholecystitis	C5						
131		Cholecysuus	Discuss the causes, pathophysiology and manifestations of Cholilithiasis	C2						
132			Discuss the diagnostic, medical and surgical management of Cholilithiasis	C2						
133			Apply nursing process with ADPIE Format of care to clients with Cholilithiasis	C3						
134			Develop a teaching plan for a client experiencing disorder of Cholilithiasis	C5						

135			Discuss the causes, pathophysiology and manifestations of Cancer of Gall Bladder	C2						
136			Discuss the diagnostic, medical and surgical management of Cancer of Gall Bladder	C2			Interactive			
137		Cancer of Gall Bladder	Apply nursing process with ADPIE Format of care to clients with Cancer of Gall Bladder	С3			Lecture/SGD	2	MCQ's	2
138	Week-6		Develop a teaching plan for a client experiencing disorder of Cancer of Gall Bladder	C5						
139		Dun ation I	Prepare a patient undergoing for the procedure of Liver Biopsy/Barium studies Paracenthesis		P3		Demo	1.1	OPSE	_
140		Practical	Follow professional norms while preparing a patient for undergoing biopsy/Barium/Paracenthesis			А	Role Play	- 11	Formative Assess- ment	5
			TOPIC: FLUID, ELECTROLYTE, AND ACID BASE BALANC	E & IM	BALAN	CES				
141		physical examination	Analyze the client's status on the basis of physical examination findings	C3						
142		fluid imbalances	Identify clients at risk for fluid imbalances, acidosis and alkalosis	C1						
143			Use laboratory data and clinical s/s to determine presence of fluid imbalances/acidosis/alkalosis	C3			Interactive Lecture/SGD	4	MCQ's	5
144	Week-7	acidosis/alkalosis	Apply appropriate nursing care to client with fluid volume deficit/excess & acidosis and alkalosis	C3						
145			Develop teaching plan to care fluid volume excess/deficit, respiratory/metabolic acidosis/alkalosis	C5						
146		Practical	Administer intravenous medications to the hospitalized patients		P4		Demo	- 11	OPSE	5
147		Flactical	Follow the professional norms while explaining purpose of medication administration to the patient			А	Role Play	11	Formative Assess- ment	3
			TOPIC: GENITOURINARY TRACT (GUT) DISC	RDERS						

		I .								
147		Genitourinary Tract	Review the anatomy& physiology of Genitourinary Tract	C2						
148			Discuss the causes, pathophysiology and manifestation of Urinary Tract Infections	C2						
149			Discuss the diagnostic, medical and surgical management of Urinary Tract Infections	C2						
150		Urinary Tract Infections	Apply nursing process with ADPIE Format of care to clients with Urinary Tract Infections	C3						
151			Develop a teaching plan for a client experiencing disorder of Urinary Tract Infections	C5						
152			Discuss the causes, pathophysiology and manifestation of Renal Abscess and Tuberculosis	C2						
153		Renal Abscess and	Discuss the diagnostic, medical and surgical management of Renal Abscess and Tuberculosis	C2			Interactive Lecture/SGD	4	MCQ's	5
154	Week-8	Tuberculosis	Apply nursing process with ADPIE Format of care to client with Renal Abscess/Tuberculosis	C3						
155			Develop a teaching plan for a client experiencing disorder of Renal Abscess /Tuberculosis	C5						
156			Discuss causes, pathophysiology and manifestation of Glomerulonephritis (Immunologic)	C2						
157		Glomerulonephritis	Discuss the diagnostic, medical and surgical management of Glomerulonephritis	C2						
158		(Immunologic)	Apply nursing process with ADPIE Format of care to clients with Glomerulonephritis	C3						
159			Develop a teaching plan for a client experiencing disorder of Glomerulonephritis	C5						
160		Practical	Perform to insert urinary catheterization among patients with genitourinary tract disorders		P2		Demo	11	OPSE	5
161		Flactical	Explain the procedure and purpose of urinary catheterization to the patients properly			А	Role Play		Formative Assess- ment	3

162		Hydroureter and Hydronephrosis	Discuss causes, patho and s/s of Urethral Strictures, Hydroureter and Hydronephrosis	C2						
163			Discuss diagnostic/medi/ surgical management of Urethral Strictures/Hydroureter/Nephrosis	C2						
164		Urethral Strictures/ Hydroureter/Nephrosis	Apply nursing process (ADPIE) to care client wi Urethral Strictures, Hydroureter/Nephrosis	C3						
165			Develop teaching plan for a client with Urethral Strictures, Hydroureter and Hydronephrosis	C5						
166			Discuss the causes, patho and s/s of Urinary Incontinence/ Retention / Urinary Calculi	C2						
167		Urinary Incontinence/	Discuss diagnostic/medical/surgical management of Urinary Incontinence/ Retention /Calculi	C2						
168		Retention /Calculi	Apply nursing process (ADPIE) to care clients with Urinary Incontinence/ Retention / Ur.Calculi	C3						
169			Develop a teaching plan for a client experiencing Urinary Incontinence/ Retention / Ur.Calculi	C5						
170			Discuss the causes, pathophysiology and manifestation of Acute & Chronic Renal Failure	C2			Interactive Lecture/SGD	2	MCQ's	2
171		Acute & Chronic Renal	Discuss the diagnostic, medical and surgical management of Acute & Chronic Renal Failure	C2			Lecture/3GD			
172	Week-9	Failure	Apply nursing process with ADPIE Format of care to clients with Acute & Chronic Renal Failure	C3						
173			Develop a teaching plan for a client experiencing disorder of Acute & Chronic Renal Failure	C5						
174			Discuss causes, pathophysiology and manifestation of Urinary Bladder and Renal Cell Carcinoma	C2						
175		Bladder and Renal Cell	Discuss the diagnostic, medical and surgical management of Bladder and Renal Cell Carcinoma	C2						
176		Carcinoma	Apply nursing process with (ADPIE) to care clients with Bladder and Renal Cell Carcinoma	C3						
177			Develop a teaching plan for a client experiencing disorder of Bladder and Renal Cell Carcinoma	C5						
178		Practical	Perform to take care of the urinary catheter		P4		Demo	11	OPSE	5
179		Flacucal	Follow the professional standards during care of catheter			А	Role Play		Formative Assess- ment	3

**TOPIC: REPRODUCTIVE DISORDERS** 

## CENTRAL CURRICULUM & ASSESSMENT COMMITTEE

180		Female reproductive system	Review the anatomy & physiology of female reproductive system	C2					
181			Discuss function of ligaments and pelvic floor muscles in maintaining position of pelvic organs	C2					
182			Discuss alteration in estrogen and progesterone levels as a cause of dysfunctional menstrual cycle	C2					
183			Discuss the causes, pathophysiology and manifestation of Reproductive Tract Infections	C2					
184		Reproductive Tract	Discuss the diagnostic, medical and surgical management of Reproductive Tract Infections	C2					
185		Infections	Apply nursing process with ADPIE Format of care to clients with Reproductive Tract Infections	С3					
186			Develop a teaching plan for a client experiencing disorder of Reproductive Tract Infections	C5					
187	Week-10		Discuss the causes, pathophysiology and manifestation of Menstrual Disorders	C2		Interactive Lecture/SGD	2	MCQ's	2
188		Menstrual Disorders	Discuss the diagnostic, medical and surgical management of Menstrual Disorders	C2					
189		Menstrual Disorders	Apply nursing process with ADPIE Format of care to clients with Menstrual Disorders	C3					
190			Develop a teaching plan for a client experiencing disorder of Menstrual Disorders	C5					
191			Discuss the causes, pathophysiology and manifestation of Dysfunctional Uterine Bleeding	C2					
192		Dysfunctional Uterine	Discuss the diagnostic, medical and surgical management of Dysfunctional Uterine Bleeding	C2					
193		Bleeding	Apply nursing process with (ADPIE) to care clients with Dysfunctional Uterine Bleeding	C3					
194			Develop a teaching plan for a client experiencing disorder of Dysfunctional Uterine Bleeding	C5					

204		riactical	Follow ethical norms while preparing patient for Ultrasound or CT( Computed Tomography) scan			А	Role Play		Formative Assess- ment	5	
203		Practical	Prepare a client for undergoing Ultrasound or CT (Computed Tomography) scan/X-rays		P4		Demo	11	OPSE	5	
202			Develop a teaching plan for a client experiencing disorder of Pelvic Inflammatory Disease	C5							
201		Disease	Apply nursing process with ADPIE Format of care to clients with Pelvic Inflammatory Disease	C3							
200	Week-10	Pelvic Inflammatory	Discuss the diagnostic, medical and surgical management of Pelvic Inflammatory Disease	C2							
199			Discuss the causes, pathophysiology and manifestation of Pelvic Inflammatory Disease	C2			Interactive Lecture/SGD	2	MCQ's	2	
198			Develop a teaching plan for a client experiencing disorder of Menopause and Endometriosis	C5							
197		Endometriosis	Apply nursing process with ADPIE Format of care to clients with Menopause and Endometriosis	C3							
196		Menopause and	Discuss the diagnostic, medical and surgical management of Menopause and Endometriosis	C2							
195			Discuss the causes, pathophysiology and manifestation of Menopause and Endometriosis	C2							

205			Discuss causes, patho and manifestation of Uterine Prolapse/ Cystocele/ Rectocele/ Fistulas	C2					
206		Uterine Prolapse/ Cystocele/ Rectocele/	Discuss diagnostic/medical/surgical management of U.Prolapse/ Cystocele/ Rectocele/ Fistulas	C2					
207		Fistulas	Apply nursing process (ADPIE) to care clients with U. Prolapse/ Cystocele/ Rectocele/ Fistulas	С3					
208			Develop a teaching plan for a client of Uterine Prolapse/ Cystocele/ Rectocele/ Fistulas	C5					
209			Discuss the causes, pathophysiology and manifestation of Ectopic Pregnancy and Abortion	C2					
210		Ectopic Pregnancy and	Discuss the diagnostic, medical and surgical management of Ectopic Pregnancy and Abortion	C2					
211		Abortion	Apply nursing process with ADPIE to care clients with Ectopic Pregnancy and Abortion	C3					
212			Develop a teaching plan for a client experiencing disorder of Ectopic Pregnancy and Abortion	C5					
213			Discuss causes, patho and manifestations of Hydatidiform Mole/Ovarian Cyst, Tumor, & Cancer	C2					
214	Week-11	Hydatidiform Mole/ Ovarian Cyst, Tumor, &	Discuss diagnostic/med/ surgical management of H.Mole/ Ovarian Cyst/Tumor/Cancer	C2		Interactive	4	MCO's	5
215	week-11	Cancer	Apply nursing process with ADPIE to care clients with H.Mole/Ovarian Cyst/Tumor/Cancer	C3		Lecture/SGD	4	IVICQ'S	3
216			Develop a teaching plan for a client experiencing of H.Mole/Ovarian Cyst/Tumor/Cancer	C5					
217			Discuss the causes, pathophysiology and manifestation of Infertility	C2					
218		Infertility	Discuss the diagnostic, medical and surgical management of Infertility	C2					
219		mertinty	Apply nursing process with ADPIE to care clients with Infertility	C3					
220			Develop a teaching plan for a client experiencing disorder of Infertility	C5					
221			Discuss the causes, pathophysiology and manifestation of Uterine Tumor/ Fibroids	C2					
222		Uterine Tumor/ Fibroids	Discuss the diagnostic, medical and surgical management of Uterine Tumor/ Fibroids	C2					
223		Otenne rumory Fibroids	Apply nursing process with ADPIE to care clients with Uterine Tumor/ Fibroids	C3					
224			Develop a teaching plan for a client experiencing disorder of Uterine Tumor/ Fibroids	C5					

225			Develop a Nursing Care Plan (NCP) to the sick adult patient admitted with reproductive disorders		P4		Demo		OPSE	
226	Week-11	Practical	Follow the professional norms while Planning care of the patient with reproductive disorders			А	Role Play	11	Formative Assess- ment	5
227			Discuss the causes, pathophysiology and manifestation of Breast Cancer	C2						
228		Breast Cancer	Discuss the diagnostic, medical and surgical management of Breast Cancer	C2						
229		bleast Calicel	Apply nursing process with ADPIE to care clients with Breast Cancer	C3						
230			Develop a teaching plan for a client experiencing disorder of Breast Cancer	C5						
231		Male reproductive system	Discuss the structure & function of male reproductive system	C2						
232			Discuss the causes, pathophysiology and manifestation of Benign Prostate Hypertrophy	C2						
233	Week-12	Benign Prostate	Discuss the diagnostic, medical and surgical management of Benign Prostate Hypertrophy	C2			Interactive Lecture/SGD	2	MCQ's	2
234		Hypertrophy	Apply nursing process with ADPIE to care clients with Benign Prostate Hypertrophy	C3						
235			Develop a teaching plan for a client experiencing disorder of Benign Prostate Hypertrophy	C5						
236			Discuss the causes, pathophysiology and manifestation of Erectile Dysfunction	C2						
237		Erectile Dysfunction	Discuss the diagnostic, medical and surgical management of Erectile Dysfunction	C2						
238		Licetile Dysiunction	Apply nursing process with ADPIE to care clients with Erectile Dysfunction	C3						
239			Develop a teaching plan for a client experiencing disorder of Erectile Dysfunction	C5						

			TOPIC: HEMATOLOGY DISORDERS							
249		Flactical	Maintain the professional norms while preparing patient undergoing for Cystoscopy/IVP			А	Role Play		Formative Assess- ment	3
248		Practical	Provide nursing care to the patient undergoing for Cystoscopy/IVP ( Intravenous pyelography)		P4		Demo	11	OPSE	5
247			Develop a teaching plan for a client experiencing disorder of Infertility	C5						
246		Infertility	Apply nursing process with ADPIE to care clients with Infertility	C3						
245	week-12	Info willing	Discuss the diagnostic, medical and surgical management of Infertility	C2						
244	Week-12		Discuss the causes, pathophysiology and manifestation of Infertility	C2			Lecture/SGD	2	IVICQ'S	2
243			Develop a teaching plan for a client experiencing disorder of Prostate and Testicular Cancer	C5			Interactive	2	MCO's	2
242		Cancer	Apply nursing process with ADPIE to care clients with Prostate and Testicular Cancer	C3						
241		Prostate and Testicular	Discuss the diagnostic, medical and surgical management of Prostate and Testicular Cancer	C2						
240			Discuss the causes, pathophysiology and manifestation of Prostate and Testicular Cancer	C2						

250		hemolytic disease	Describe the pathogenesis of hemolytic disease of the newborn	C5					
251		lymph proliferative disorders	Discuss lymph proliferative disorders associated with Hodgkin and non-Hodgkin's lymphomas	C2					
252		Thrombocytopenia	Discuss the mechanism of drugs induced and Idiopathic Thrombocytopenia	C2					
253			Discuss the causes, pathophysiology and manifestation of Sickle Cell Anaemia	C3			2		
254		Sickle Cell Anaemia	Discuss the diagnostic, medical and surgical management of Sickle Cell Anaemia	C5		Interactive Lecture/SGD			
255		Sickle Cell Anaemia	Apply nursing process with ADPIE to care clients with Sickle Cell Anaemia	C2					
256			Develop a teaching plan for a client experiencing disorder of Sickle Cell Anaemia	C2					
257	Week-13		Discuss the causes, pathophysiology and manifestation of Immunohemolytic Anaemia	C3				MCQ's	2
258			Discuss the diagnostic, medical and surgical management of Immunohemolytic Anaemia	C5					
259		Immunohemolytic Anaemia	Apply nursing process with ADPIE to care clients with Immunohemolytic Anaemia						
260			Develop a teaching plan for a client experiencing disorder of Immunohemolytic Anaemia						
261			Discuss the causes, pathophysiology and manifestation of Iron Deficiency Anaemia						
262			Discuss the diagnostic, medical and surgical management of Iron Deficiency Anaemia						
263		Iron Deficiency Anaemia	Apply nursing process with ADPIE to care clients with Iron Deficiency Anaemia						
264			Develop a teaching plan for a client experiencing disorder of Iron Deficiency Anaemia						

265			Discuss causes, pathophysiology and s/s of Vitamin B 12 and Folic Acid Deficiency Anaemia						
266		Vitamin B 12 and Folic Acid	Discuss diagnostic/medical/surgical management of Vit. B 12 and Folic Acid Deficiency Anaemia						
267		Deficiency Anaemia	Apply nursing process (ADPIE) to care clients with Vit. B 12 and Folic Acid Deficiency Anaemia			Interactive Lecture/SGD	2		
268			Develop a teaching plan for a client experiencing Vit. B 12 and Folic Acid Deficiency Anaemia						2
269	WL 12	Aplastic Anaemia	Discuss the causes, pathophysiology and manifestation of Aplastic Anaemia					MCQ's	2
270	Week-13		Discuss the diagnostic, medical and surgical management of Aplastic Anaemia						
271			Apply nursing process with ADPIE to care clients with Aplastic Anaemia						
272			Develop a teaching plan for a client experiencing disorder of Aplastic Anaemia						
273		Practical -	Demonstrate to take blood sample for pathological lab tests	P4		Demo	11	OPSE	
274			Follow the ethical consideration during taking blood sample of the patient		А	Role Play	11	Formative Assess- ment	5

275			Discuss the causes, pathophysiology and manifestation of Polycythemia	C2		_					
276			Discuss the diagnostic, medical and surgical management of Polycythemia	C2							
277		Polycythemia	Apply nursing process with ADPIE to care clients with Polycythemia	C3							
278			Develop a teaching plan for a client experiencing disorder of Polycythemia	C5							
279		Leukemia	Discuss the causes, pathophysiology and manifestation of Leukemia	C2							
280	Week-14		Laukowia	Discuss the diagnostic, medical and surgical management of Leukemia	C2		Interactive	2	MCQ's	2	
281	vveek-14		Apply nursing process with ADPIE to care clients with Leukemia	C3		Lecture/SGD		WCQ3	2		
282			Develop a teaching plan for a client experiencing disorder of Leukemia	C5							
283			Discuss causes, pathophysiology and manifestation of Hodgkin and non-Hodgkin's Lymphomas	C2							
284		Hodgkin and non-	Discuss diagnostic, medical & surgical management of Hodgkin and non-Hodgkin's Lymphomas	C2							
285		Hodgkin's Lymphomas	Apply nursing process with ADPIE to care clients with Hodgkin and non-Hodgkin's Lymphomas	C3							
286			Develop a teaching plan for a client experiencing Hodgkin and non-Hodgkin's Lymphomas	C5							

287		Autoimmune/Thrombotic/ Thrombocytopenic Purpura	Discuss causes, patho and s/s of Autoimmune and Thrombotic Thrombocytopenic Purpura	C2			Interactive Lecture/SGD			
288			Discuss diagnostic/med/surg management of Autoimmune/Thrombotic/Thrombocytopenic Purpura	C2				2		
289			Apply nursing process (ADPIE) to care of Autoimmune/ Thrombotic Thrombocytopenic Purpura	C3						
290			Develop a teaching plan for a client of Autoimmune and Thrombotic Thrombocytopenic Purpura	C5					MCO's	2
291	Week-14		Discuss causes, pathophysiology and s/s of DIC- Disseminated Intravascular Coagulation	C2					MCQ's	2
292	week-14		Discuss diagnostic/medical/surgical management of DIC Disseminated Intravascular Coagulation	C2						
293			Apply nursing process (ADPIE) to care clients with DIC Disseminated Intravascular Coagulation	C3						
294			Develop a teaching plan for a client experiencing DIC Disseminated Intravascular Coagulation	C5						
295		Practical	Demonstrate to transfuse blood under supervision to the patient with anemia & blood disorders		P2			OPSE  11  Formative Assess- ment	OPSE	
296			Follow the ethical considerations during the procedure of blood transfusion			А	Role Play			5

TOPIC: CELLULAR ADAPTATION & ABERRANT CELL GROWTH

297		cancer therapy	Identify the goals of cancer therapy	C1			Interactive Lecture/SGD			
298		treatment modalities	Discuss different treatment modalities available for Cancer	C2						
299		chemotherapy and radiation therapy	Discuss chemotherapy and radiation therapy, their types, indication, side effects and nursing care	C2				4	MCQ's	5
300	Week-15	nursing care	Discuss different types of cancer surgeries and nursing care of patients undergoing cancer surgery.	C2						
301		hospice care	Discuss end of life care (palliative and hospice care)	C2						
302		D :: 1	Administer chemotherapeutic agents under supervision among cancer patients		P2		Demo	44	OPSE	-
303	303	Practical	Follow the professional standards to administer the chemotherapeutic agents properly			А	Role Play	11	Formative Assess- ment	5

**TOPIC: IMMUNOLOGICAL DISORDERS** 

304		Immunologic disorders	Discuss Immunologic disorders	C5						
305		HIV/ AIDS	Discuss causes, pathophysiology and manifestation of HIV/AIDS	C2						
306		management	Discuss the diagnostic, medical and surgical management of the HIV/ AIDS	C2						
307		nursing process	Apply nursing process with ADPIE to care clients with HIV/AIDS	C3						
308		teaching plan	Develop a teaching plan for a client of HIV/ AIDS	C5			Interactive Lecture/SGD	4	MCQ's	5
309	Week-16		Discuss causes, pathophysiology and manifestation of Hypersensitivity & Autoimmunity Disorders	C2						
310		Hypersensitivity &	Discuss diagnostic/medical/surgical management of Hypersensitivity & Autoimmunity Disorders	C2						
311		Autoimmunity Disorders	Apply nursing process (ADPIE) to care clients with Hypersensitivity & Autoimmunity Disorders	C3						
312			Develop a teaching plan for a client of Hypersensitivity & Autoimmunity Disorders	C5						
313			Demonstrate to follow universal precautions while caring the HIV/AIDS Patient		P4		Demo	11	OPSE	- 5
314	Practical	Fiduldi	Maintain ethical standards while caring the patient with HIV/AIDS			А	Role Play		Formative Assess- ment	3

# NU-202 PATHOPHYSIOLOGY-I 2(1.75-.25)

#### **Course Description**

This course provides learners with the opportunities to build on the concepts and knowledge about the altered Physiological mechanisms and their impact on the functional status of the body. It also deals with the responses of the body that participate in manifestation of disease. The usefulness of knowledge, skills and attitudes to the nurse in his/her problem solving in the hospital, school, community or home is the determining factor in the selection and integration of the content.

#### **Cognitive Domain**

By the end of this subject, students should be able to:

- Discuss factors in environment, which contribute to produce changes in normal physiological processes of human body.
- Relate normal physiology with altered physiological mechanisms in disease process.
- 3. Integrate knowledge of the basic principles of Pathophysiology in caring a patient in hospital and community environment
- Apply the knowledge and principles learnt through laboratory work in their nursing practice.

#### **Skills Domain**

By the end of this subject, students should be able to:

- 1. Observe and interpret science phenomenon in a pathology lab
- 2. Observe and interpret cell adaptation slides
- Observe/Interpret Effect of Suspending Red Blood Cell in Different Concentration of Salt Solution.

#### **Affective Domain**

- Follow the specified norms of the IL, SGD teaching & learning.
- Demonstrate the humbleness and use the socially acceptable language during academic and social interactions with human models, colleagues and teachers.
- 3. Demonstrate ethically competent decisions when confronted with an ethical, social or moral problem related to professional or personal life.

### TOS -NU-202 PATHOPHYSIOLOGY-I 2(1.75-.25)

C NI=	Maralia.	Comband	Learning Outcome		Domair	า	NAIT'-	11	A	No of
S.No	Weeks	Content	Learning Outcomes	С	Р	Α	MIT's	Hours	Assesment	Items
			TOPIC: INTRODUCTION TO PATHOPHYSIC	LOGY						
1		Definition	Define Pathology & Pathophysiology	C2						
2	Week-1	Pathophysiology and other biomedical sciences	Differentiate among Pathophysiology and other biomedical sciences	C2			Interactive Lecture/SGD	2	MCQ's	5
3		environmental factors	Discuss environmental factors producing changes in normal physiological processes of human body	C2						
4		disease and its development	Discuss the basic concepts of disease and its development	C2			Interactive			
5	Week-2	prevalence, etiology, pathogenesis, manifestation, outcomes	Discuss each of 5-components of a disease	C2			Lecture/SGD	2	MCQ's	5
6		Practical	Observe and interpret science phenomenon in a pathology lab		P4		Demo	0.5	Formative Assess-	
7		FIACTICAL	Maintain professional norms while observing/interpreting science phenomenon in a pathology lab			А	Role Play	0.5	ment	
			TOPIC: MECHANISM OF INFECTION & INFLAM	MATIO	N					
8		infectious diseases	Describe stages of an infectious disease after the point at which potential pathogen enters body	C2						
9	Week-3	infectious diseases	Enlist the systemic manifestation of infectious diseases	C2			Interactive Lecture/SGD	2	MCQ's	5
10		inflammation	Discuss the purpose of inflammation	C2						
11			Describe physiological mechanism involved in production of five cardinal signs of inflammation	C2						
12	Week-4	inflammation	Differentiate the hemodynamic and cellular phases of inflammatory response	C4			Interactive Lecture/SGD	2	MCQ's	5
13			Differentiate between chronic and acute inflammation	C4						
			TOPIC: CELLULAR ADAPTATION & ABERRANT CEI	LL GRO	WTH					

14		normal adaptive processes	Discuss changes in cell structure and function that occur as a result of normal adaptive processes	C2						
15	Week-5	cellular changes	Describe cellular changes that occur with Atrophy, Hypertrophy, Hyperplasia, Metaplasia and dysplasia and general conditions under which these changes occur	C2			Interactive Lecture/SGD	2	MCQ's	5
16		neoplastic growth	Differentiate the neoplastic growth from normal adaptive changes	C4						
17	Week-6	tumors	Differentiate between malignant and benign tumors	C4			Interactive	2	MCQ's	5
18	Week-0	cancer staging	Discuss Tumor, Nodes, Metastasis for cancer staging	C2			Lecture/SGD	2	IVICQ 3	,
19		Proto and Anti-oncogene	Discuss role of Proto and Anti-oncogene to transform normal cell line to cancer cell lina (Carcinogenesis)	C2						
20	Week-7	aberrant cell growth	Discuss the predisposing factors of aberrant cell growth	C2			Interactive Lecture/SGD	2	MCQ's	5
21		cancer cells	Enlist the characteristics of cancer cells	C1						
			TOPIC: TRAUMA & CELL INJURY							
22		trauma	Discuss trauma	C2						
23		cell injury	Explain the process of cell injury	C2						
24	Week-8	reversible & irreversible	Discuss reversible & irreversible cell injury	C2			Interactive Lecture/SGD	2	MCQ's	5
25		Hypoxic, Free Radical, Chemical Physical, Nutritional	Describe the mechanisms of cell injury	C2						
26		cell death	Discuss cell death and its mechanisms	C2						
27		necrosis	Explain the types of necrosis	C2			Interactive		1460	
28	West 0		Discuss apoptosis	C2			Lecture/SGD	2	MCQ's	_
29	Week-9	apoptosis	Explain the mechanism and significance of apoptosis	C2						5
30		D .: 1	Observe and interpret cell adaptation slides		P1		Demo	0.5	Formative	
31		Practical	Maintain professional norms while observing and interpreting cell adaptation slides			Α	Role Play	0.5	Assess- ment	
			TOPIC: HOMEOSTASIS IMBALANCES & ACID BASE	IMBAL	ANCE					

32		movement of fluid and	Review the physiological mechanism responsible for the movement of fluid and electrolyte Between Intra Cellular Fluid (ICF) & Extra Cellular Fluid (ECF)	C2						
33	Week-10	electrolyte	Review the physiological mechanism responsible for the movement of fluid and electrolyte Between Intravascular & interstitial.	C2			Interactive Lecture/SGD	2	MCQ's	5
34		Starling's Hypothesis	Discuss the Starling's Hypothesis to describe the movement of fluid across the capillary wall	C2						
35		electrolyte imbalance	Classify fluid electrolyte imbalance in terms of Isotonic, Osmotic and Compositional imbalances	C5						
36	Week-11	Hypovolemia	Discuss the causes manifestation, and pathophysiology of isotonic imbalance in Hypovolemia	C2			Interactive Lecture/SGD	2	MCQ's	5
37		Hypervolemia	Discuss the causes manifestation, and pathophysiology of isotonic imbalance in Hypervolemia.	C2						
38		Hyponatremia	Discuss causes, pathophysiology and clinical manifestation of osmotic imbalance in Hyponatremia.	C2						
39		Hypernatremia	Discuss causes, pathophysiology and clinical manifestation of osmotic imbalance in Hypernatremia.	C2			Interactive Lecture/SGD	2	MCQ's	5
40	M/I- 12	Hypokalemia	Discuss causes, pathophysiology and manifestations of compositional imbalance in Hypokalemia.	C2						
41	Week-12	Hyperkalemia	Discuss causes, pathophysiology and manifestations of compositional imbalance in Hyperkalemia.	C2			Interactive Lecture/SGD	2	MCQ's	
42		Practical	Observe/Interpret Effect of Suspending Red Blood Cell in Different Concentration of Salt Solu-tion		P1		Demo	0.5	Formative	5
43		Practical	Follow professional norms while observing effect of suspending RBCs in Different Salt Solution			А	Role Play	0.5	Assess- ment	
44		acid base balance	Review the physiological mechanism responsible to regulate acid base balance in the body i.e. Buffers (phosphate, hemoglobin, carbonate), Renal mechanism and Respiratory mechanism	C2						
45		Respiratory Acidosis and Alkalosis	Classify acid base imbalance in terms of Respiratory Acidosis and Alkalosis	C5						
46	Week-13	Metabolic Acidosis and Alkalosis	Classify acid base imbalance in terms of Metabolic Acidosis and Alkalosis	C5			Interactive Lecture/SGD	2	MCQ's	5
47		ABGs	Interpret arterial blood gases (ABGs) to identify four types of acid base imbalance	C4						
48		Respiratory Acidosis and Alkalosis	Discuss causes, pathophysiology and clinical manifestation of Respiratory Acidosis and Alkalosis	C2						
49		Metabolic Acidosis and Alkalosis	Discuss causes, pathophysiology and clinical manifestation of Metabolic Acidosis and Alkalosis	C2						

50		immune response	Review the concepts and components of immune response of immune response	C2				
51	Medi 14	immunity	Differentiate between Humoral versus Cell mediated immunity	C4	Interactive	2	MCO's	F
52	Week-14	antigen	Explain antigen processing presentation and recognition	C2	Lecture/SGD	2	MCQ's	5
53		hypersensitivity	Discuss immediate and delayed hypersensitivity	C2				
54	\\\\. 1F	AIDS	Discuss causes, pathophysiology and manifestations of AIDS as a disorder of immune response	C2	Interactive	2	NACO/-	Г
55	Week-15	HIV infection	Discuss the epidemiology, pathogenesis & clinical manifestation of HIV infection	C2	Lecture/SGD	2	MCQ's	5
56	Week 16	I by a second it is it.	Discuss Hypersensitivity (Allergies) as disorders of immune response	C2	Interactive	2	MCO's	5
57	Week-16	Hypersensitivity	Discuss pathophysiology of different types of hypersensitivity (Type I, II, Type III & Type IV)	C2	Lecture/SGD	2	MCQ's	5

# NU-203 HEALTH ASSESSMENT-I 2(1-1)

This course has been designed to have an introduction to the content and skills needed to assess the basic health status of individuals of varying ages. These skills can be applied to nursing care in a wide variety of clinical settings. This course emphasizes history taking and physical examination skills both to evaluate the actual as well as the potential health problems of the patients.

#### **Cognitive Domain**

By the end of this subject, students should be able to:

- 1. Assess health of an individual by obtaining a complete and systematic health history using interviewing skills properly
- 2. Utilize proper techniques of observation and physical examination in assessing various body systems
- 3. Differentiate normal from abnormal findings during physical examination
- 4. Record and document the findings in an appropriate manner
- 5. Demonstrate an awareness of the need to incorporate health assessment as part of their general nursing practice skills.
- 6. Apply knowledge of growth & development, anatomy, physiology, & psychosocial skills in assessment & analysis of data collected.

#### **Skills Domain**

By the end of this subject, students should be able to:

- 1. Demonstrate ability to perform physical examination techniques.
- 2. Demonstrate ability to History of patient.
- 3. Perform general survey of the patients.
- 4. Demonstrate assessment of the skin, head & neck.
- 5. Demonstrate assessment of the Nose, mouth & Pharynx.
- 6. Demonstrate assessment of the abdomen anus and rectum
- 7. Demonstrate assessment of the Breast axilla & genitalia.

#### **Affective Domain**

- Follow the specified norms of the IL, SGD teaching & learning.
- 2. Demonstrate the humbleness and use the socially acceptable language during academic and social interactions with human models, colleagues and teachers.
- Demonstrate ethically competent decisions when confronted with an ethical, social or moral problem related to professional or personal life.

### TOS - NU-203 HEALTH ASSESSMENT-I 2(1-1)

CNI	W 1	6			Domair	n	NAUT/			No of
S.No	Weeks	Content	Learning Outcomes	С	Р	Α	MIT's	Hours	Assesment	Items
			TOPIC: INTRODUCTION TO HEALTH ASSESSMENT	CONC	EPTS					
1		health assessment	Discuss the need for health assessment in general nursing practice.	C2						
2		concepts	Explain the concepts of health, assessment, data collection, and diagnosis	C2						
3		types	Identify types of health assessments	C1			Interactive Lecture/SGD	1	MCQ's	5
4	Week-1	document	Understand to document health assessment data using a problem oriented approach	C1						
5		general survey	Explain the components of general survey during physical examination	C2						
6			Perform general survey of a patient visiting a hospital setting		P4		Demo		OPSE	
7		Practical	Follow the professional norms while performing the general survey of a client			А	Role Play	2	Formative Assess- ment	5
			TOPIC: INTERVIEWING SKILLS AND HEALTH H	HISTORY	(					
8		purpose, process & principles	Explain the purpose, process & principles of interviewing	C2						
9		content and format	Describe the content and format used to obtain a health history	C2						
10		investigating positive finding	Discuss the process of investigating positive findings during the health history	C2			Interactive	1	MCO's	5
11		history	Use to practice obtaining and recording a client health history	C3			Lecture/SGD	'	IVICQS	5
12	Week-2	therapeutic skills	Use to practice utilizing therapeutic skills with a learner's partner	C3						
13		strengths/ weaknesses	Evaluate strengths/ weaknesses via observation of a videotaped interaction & self/peer analysis	C6						
14			Demonstrate to interview or to take history of a patient in clinical setting		P4		Demo		OPSE	
15		Practical	Follow the professional norms while taking health history of the patient			А	Role Play	2	Formative Assess- ment	5

			TOPIC: INTRODUCTION TO PHYSICAL EXAMI	NATION	I					
16		principles	Identify the general principles of conducting an examination	C1						
17		equipment	Identify the equipment needed to perform a physical examination	C1			Interactive Lecture/SGD	1	MCQ's	5
18	Week-3	inspection and palpation technique	Describe appropriate use of inspection and palpation technique during physical examination	C2						
19			Demonstrate appropriate techniques of inspection and palpation on a patient or dummy		P4		Demo		OPSE	
20		Practical	Maintain the proper norms while inspecting and palpating a client for his/her health findings			А	Role Play	2	Formative Assess- ment	5
			TOPIC: INTRODUCTION TO PHYSICAL EXAMI	NATION	1					
21		physical examination and assessment.	Discuss Percussion as a technique of physical examination and assessment.	C2						
22		percussion	Describe the appropriate use percussion during physical examination	C2			Interactive	1	MCQ's	5
23		procedure & sequence	Discuss the procedure & sequence for performing a general assessment of a client	C2			Lecture/SGD	'	IVICQS	5
24	Week-4	percussion sounds	Enlist some of the percussion sounds on examination	C1						
25			Perform percussion as one of the technique of assessment for eliciting various body sounds		P4		Demo		OPSE	
26		Practical	Follow ethical standards while doing percussion on patient body during physical examination			А	Role Play	2	Formative Assess- ment	5
27		examination and assessment	Discuss auscultation as a technique of physical examination and assessment	C2			Interactive	1	MCO's	5
28		auscultation	Describe the appropriate use auscultation during physical examination	C2			Lecture/SGD		IVICQ S	3
29	Week-5		Perform auscultation as one of the technique of assessment for listening various body sounds		P4		Demo		OPSE	
30		Practical	Follow ethical standards while doing auscultation on patient body during physical assessment			А	Role Play	2	Formative Assess- ment	5

		1		ı	1			I	I	
31		Desumenting	Discuss the guidelines for documenting physical examination	C2			Interactive	1	MCQ's	5
32		Documenting	Practice to document the PE findings of patients in PE documentation sheet on an ongoing basis	C3			Lecture/SGD	'	IVICQS	5
33	Week-6		Perform techniques of assessment including inspection, palpation, percussion and auscultation		P4		Demo		OPSE	
34		Practical	Follow the professional norms while following techniques of assessment on client/dummy			А	Role Play	2	Formative Assess- ment	5
			TOPIC: ASSESSMENT OF THE SKIN							
35		history	Describe component of health history that should be elicited during assessment of skin	C2						
36		specific assessment	Discuss specific assessments to be made during physical examination of skin	C2			Interactive	1	MCQ's	5
37		Document	Practice to document findings of assessments made during physical examination of skin	C3			Lecture/SGD	'	IVICQS	5
38	Week-7	age related changes	Discuss age related changes & differences in assessment findings of the skin	C2						
39			Perform physical examination of the Skin		P4		Demo		OPSE	
40		Practical	Follow the ethical considerations during skin assessment			А	Role Play	2	Formative Assess- ment	5
			TOPIC: ASSESSMENT OF THE HEAD							
41		history	Describe component of health history that should be elicited during assessment of head	C2						
42		specific assessment	Discuss specific assessments to be made during physical examination of head	C2			Interactive	1	MCO's	5
43		Document	Document findings of assessments made during physical examination of head	C3			Lecture/SGD	'	IVICQS	5
44	Week-8	age related changes	Discuss age related changes & differences in assessment findings of the head	C2						
45			Demonstrate physical examination of head		P4		Demo		OPSE	
46		Practical	Maintain the ethical consideration while having an examination of the head of a client			А	Role Play	2	Formative Assess- ment	5
			TOPIC: ASSESSMENT OF THE NECK							

47		history	Describe component of health history that should be elicited during assessment of neck	C2						
48		structural landmarks	Discuss specific assessments to be made during physical examination of neck	C2			Interactive		MCO	_
49		specific assessment	Practice to document findings of assessments made during physical examination of neck	C3			Lecture/SGD	1	MCQ's	5
50	Week-9	assessments	Discuss age related changes & differences in assessment findings of the neck	C2						
51			Perform physical examination of the neck		P4		Demo		OPSE	
52		Practical	Follow the ethical considerations during neck assessment			А	Role Play	2	Formative Assess- ment	5
			TOPIC: ASSESSMENT OF NOSE							
53		history	Describe component of health history elicited during assessment of nose	C2						
54		structural landmarks	Identify the structural landmarks of the nose	C1			Interactive	1	MCO's	5
55		specific assessment	Describe specific assessments to be made during assessment of nose	C2			Lecture/SGD	'	IVICQS	5
56	Week-10	assessments	Use to document findings of assessments made during examination of nose	C3						
57			Demonstrate physical examination of nose		P4		Demo		OPSE	
58		Practical	Follow the ethical standards and considerations during nose assessment			А	Role Play	2	Formative Assess- ment	5
			TOPIC: ASSESSMENT OF MOUTH							
59		history	Describe component of health history elicited during assessment of mouth	C2						
60		structural landmarks	Identify the structural landmarks of the mouth	C1			Interactive	1	MCQ's	5
61		specific assessment	Describe specific assessments to be made during assessment of mouth	C2			Lecture/SGD	'	IVICQS	5
62	Week-11	assessments	Practice to document findings of assessments made during examination of mouth	C3						
63			Demonstrate physical examination of mouth		P4		Demo		OPSE	
64		Practical	Follow the ethical standards and considerations during mouth assessment			А	Role Play	2	Formative Assess- ment	5

			TOPIC: ASSESSMENT OF PHARYNX							
65		history	Describe component of health history elicited during assessment of pharynx	C2						
66		structural landmarks	Identify the structural landmarks of the pharynx	C1			Interactive		MCO	-
67		specific assessment	Describe specific assessments to be made during assessment of pharynx	C2			Lecture/SGD	1	MCQ's	5
68	Week-12	assessments	Practice to document findings of assessments made during examination of pharynx	С3						
69			Demonstrate physical examination of pharynx		P4		Demo		OPSE	
70		Practical	Follow the ethical standards and considerations during pharynx assessment			А	Role Play	2	Formative Assess- ment	5
			TOPIC: ASSESSMENT OF THE ABDOME	N						
71		specific assessment	Describe the specific assessment to be made during the physical examination of the abdomen	C2						
72		assessments	Practice to document findings of assessments during physical examination of Abdomen	C3			Interactive Lecture/SGD	1	MCQ's	5
73	Week-13	characteristics of aging process	Enlist the changes in abdomen that are characteristics of aging process	C1						
			Perform the abdominal examination of a client admitted		P4		Demo		OPSE	
74			into the hospital with GI problems		P4		Demo			
74 75		Practical			P4	A	Role Play	2	Formative Assess- ment	5

76		history	Discuss health history questions necessary to perform assessment of anus/ and rectum	C2						
77		specific assessment	Describe the specific assessment to be made during the physical examination of anus/rectum	C2						
78		components	Discuss components of a rectal examination	C2			Interactive Lecture/SGD	1	MCQ's	5
79	Week-14	assessments	Document findings of assessments during physical examination of anus/ and rectum	С3						
80		characteristics of aging process	Enlist the changes in anus and rectum that are characteristics of aging process	C1						
81			Perform anal and digital rectal examination with proper position and its findings		P4		Demo		OPSE	
82		Practical	Follow the professional and ethical norms during anal and digital rectal examination			А	Role Play	2	Formative Assess- ment	5
			TOPIC: ASSESSMENT OF THE BREAST & AX	(ILLA						
83		history	Discuss the history questions pertaining to breast and axillary assessment	C2						
84		specific assessment	Describe specific assessment to be made during the physical examination of breast & axilla	C2			Interactive	1	MCO's	5
85		assessments	Use to document findings of assessments during physical examination of Breast and axilla	C3			Lecture/SGD	'	IVICQ S	5
86	Week-15	characteristics of aging	Enlist the changes in breast that are characteristics of aging process	C1						
87			Perform the breast examination including axillary nodes and interpret findings examination		P4		Demo		OPSE	
88		Practical	Follow the professional and ethical norms during breast and axilla examination			А	Role Play	2	Formative Assess- ment	5
			TOPIC: ASSESSMENT OF THE GENITALI.	A						

89		history questions	Discuss the history questions pertaining to male and female Genitalia assessment	C2						
90		components exam	Discuss components of a genital exam on a male or female.	C2						
91	-	history	Review components of a comprehensive reproductive history	C2			Interactive Lecture/SGD	1	MCQ's	5
92	Week-16	assessments	Practice to document findings of assessments during physical examination of Genitalia	C3						
93		aging process	Enlist the changes in male & female genitalia that are characteristics of aging process	C1						
94			Perform physical assessment of male or female genitalia		P4		Demo		OPSE	
95		Practical	Follow the professional and ethical norms during genital examination			А	Role Play	2	Formative Assess- ment	5

# **NU-204 PHARMACOLGY-I 2(2-0)**

The course emphasizes on knowledge about drugs, their classification, therapeutic effects, anticipated reactions, toxic effects, and abuse. At this level, the emphasis is on application of concepts to patient care situations, including patient assessment, drug dosage calculations and administration, patient and family teaching and documentation of patient responses to specific medications. Major emphasis will be placed on nursing management practices that minimize adverse effects and maximize therapeutic effects for patients, including the role of the nurse in pharmacological research.

#### **Cognitive Domain**

By the end of this subject, students should be able to:

- 1. Discuss the effects of different drugs on human body for example on gastrointestinal system, genitourinary system and immunology system
- Relate the knowledge of drug with in terms of indication of use which would include disorders of different systems
- 3. Explain the rationale for using a particular drug/s for a patient
- 4. Select appropriate nursing interventions for drugs given in clinical situations
- Impart teaching to the patient/family regarding medications, based on their needs
- 6. Utilize nursing process to evaluate the need for and the effectiveness of the drug/s given to the patients
- 7. Integrate the knowledge of legal and ethical issues in administration of drug
- 8. Incorporate relevant research findings with guidance in development of new drug/s as a foundation for nursing practice
- Incorporate cognitive, interpersonal and technical skill derived from the humanities, natural and behavioral sciences when administrating medication to clients, keeping in mind principles of different drugs
- Calculate drug dosage accurately when administering oral and parental medications.

#### **Affective Domain**

- Follow the specified norms of the IL, SGD teaching & learning.
- 2. Demonstrate the humbleness and use the socially acceptable language during academic and social interactions with human models, colleagues and teachers.
- Demonstrate ethically competent decisions when confronted with an ethical, social or moral problem related to professional or personal life.

## TOS - NU-204 PHARMACOLGY-I 2(2-0)

S.No	Weeks	Content	Learning Outcomes		Domair		MIT's	Haves	Assessment	No of
<b>5.INO</b>	vveeks	Content	Learning Outcomes	С	Р	Α	IVIIIS	Hours	Assesment	Items
			TOPIC: INTRODUCTION TO PHARMACOLO	OGY						
1		terminologies	Discuss the terminologies related to pharmacology	C2						
2	Week-1	history	Discuss the history of pharmacology briefly	C2			Interactive Lecture/SGD	2	MCQ's	5
3		purposes	Enlist the purposes of medication	C1						
4		source	Identify the source of medication	C1						
5	Week-2	classification	Describe the classification of drugs	C2			Interactive Lecture/SGD	2	MCQ's	5
6		drug supply system	Explain the three type of drug supply system	C2						
7		standards and legislation	Discuss the drugs standards and legislation	C2						
8	Week-3	drug information	Identify resource to collect and utilize drug information	C1			Interactive Lecture/SGD	2	MCQ's	5
9		drugs cards	Use to prepare drugs cards	C3						
			TOPIC: DRUGS USED TO TREAT AND PREVENT IN	NFECTIO	ONS					
10		prevent/treat infections	Define the commonly used antibiotics drug categories that is used to prevent /treat infections	C1						
11		action and effects	Briefly discuss action and effects of different commonly used antibiotics drugs	C2			l			
12	Week-4	antibiotics	Enlist some of the most commonly used antibiotics of each category	C1			Interactive Lecture/SGD	2	MCQ's	5
13		nursing measures/patient education	Discuss the nursing measures/patient education which can be taken if patient is using to treat and prevent infections with the use of antibiotics	C2						

14			Define the commonly used antifungal drug categories that is	C1						
14		prevent/treat infections	used to prevent /treat infections	C1						
15		action and effects	Briefly discuss action and effects of commonly used antifungal drugs	C2			Interactive			
16	Week-5	antifungal drugs	Enlist some of the most commonly used antifungal drugs	C1			Lecture/SGD	2	MCQ's	5
17		nursing measures/patient education	Discuss the nursing measures/patient education which can be taken if patient is using to treat and prevent infections with the use of antifungal drugs	C2						
18		prevent/treat infections	Define the commonly used antiparasitic drugs that is used to prevent and treat infections	C1						
19		action and effects	Briefly discuss action and effects of commonly used antiparasitic drugs	C2			Interactive			
20	Week-6	antiparasitic drugs	Enlist some of the most commonly used antiparasitic drugs	C1			Lecture/SGD	2	MCQ's	5
21		nursing measures/patient education	Discuss the nursing measures/patient education which can be taken if patient is using to treat and prevent infections with the use of antiparasitic drugs	C2						
22		prevent/treat infections	Define the commonly used antimalarial and antiviral that is used to prevent/treat infections	C1						
23		action and effects	Briefly discuss action and effects of commonly used antimalarial and antiviral	C2			Interactive Lecture/SGD			
24	Week-7	antimalarial and antiviral	Enlist some of the most commonly used antimalarial and antiviral	C1				2	MCQ's	5
25		nursing measures/patient education	Discuss the nursing measures/patient education which can be taken if patient is using to treat and prevent infections with the use of antimalarial and antiviral	C2						
			TOPIC: DRUGS AFFECTING THE GASTROINTESTIN	IAL SYS	TEM					
26	Week-8	symptoms / disorders	Discuss common symptoms / disorders for which gastrointestinal drugs are used	C2			Interactive	2	MCQ's	5
27	vveek-o	effects	Describe uses and effects of gastrointestinal drugs	C2			Lecture/SGD	۷	IVICQ'S	J
28	Week-9	gastrointestinal drugs	Explain the classification and action of gastrointestinal drugs on the body	C2			Interactive	2	MCO's	5
29	vveek-9	adverse reactions	Identify the expected and adverse reactions of gastrointestinal drugs	C1			Lecture/SGD	۷	IVICQS	5
30	Week-10	nursing responsibility	Discuss the nursing responsibility related to gastrointestinal drugs	C2			Interactive	2	MCO's	5
31	vveek-10	drugs dosage	Practice to calculate the drugs dosage accurately for the drugs used in gastrointestinal disorders	C3			Lecture/SGD	۷	IVICQ S	
			TOPIC: DRUGS AFFECTING THE HAEMATOLOG	SYSTE	M					

32	Wash 11	effects	Describe uses and effects of drugs affecting Haematology system	C2			Interactive	2	MCO/s	Г	
33	Week-11	classification	Explain the classification of drugs used in hematology disorders	C2			Lecture/SGD	2	MCQ's	5	
34	Week-12	Haematology drugs	Discuss the action of Haematology drugs on the body	C2			Interactive	2	MCQ's	5	
35	week-12	adverse reactions	Identify the expected and adverse reactions of drugs affecting haematology system	C1			Lecture/SGD	2	IVICQ'S	Э	
36	Week-13	nursing responsibility	Discuss the nursing responsibility related to drugs affecting haematology system	C2			Interactive	2	MCO's	5	
37	week-15	drugs dosage	Practice to calculate the drugs dosage accurately for the drugs used in hematological disorders	C3			Lecture/SGD	2	IVICQ'S	5	
	TOPIC: ANTI-NEOPLASTIC-DRUGS										
38	Week-14	effects	Describe uses and effects of anti-neoplastic drugs	C2			Interactive	2	MCQ's	5	
39	Week-14	classification	Explain the classification of anti-neoplastic drugs	C2			Lecture/SGD	2	IVICQ'S	5	
40	Week-15	anti-neoplastic drugs	Discuss the action of anti-neoplastic drugs on the body	C2			Interactive	2	MCQ's	5	
41	vveek-15	adverse reactions	Identify the expected and adverse reactions of anti- neoplastic drugs	C1			Lecture/SGD	۷	IVICQ'S	Э	
42	Wook 16	nursing responsibility	Discuss the nursing responsibility related to anti-neoplastic drugs	C2			Interactive	2	MCO's	5	
43	Week-16	drugs dosage	Use to calculate the drugs dosage accurately for the anti- neoplastic drugs	C3			Lecture/SGD	2	IVICQ S	5	

## **NU-205 MATHEMATICS 1(1-0)**

This course has been designed to enable the students in order to understand and practice the basic mathematical skills of conversions, ratio, proportions and calculations. Further the course intends to make the students sensitizing towards the accurate application of basic mathematics to medication dosages and their calculations

#### **Cognitive Domain**

By the end of this subject, students should be able to:

- Solve the different problems of fraction, decimal and percentage by using four fundamental operations of addition, subtraction, multiplication and division.
- 2. Apply the ratio & proportion method to solve word problems
- 3. Discuss and calculate simple drug orders
- 4. Explain SI, Apothecary and Household systems
- 5. Solve the problems based on conversions within the system

#### **Affective Domain**

- Follow the specified norms of the IL, SGD teaching & learning.
- Demonstrate the humbleness and use the socially acceptable language during academic and social interactions with human models, colleagues and teachers.
- Demonstrate ethically competent decisions when confronted with an ethical, social or moral problem related to professional or personal life.



## TOS - NU-205 MATHEMATICS 1(1-0)

S.No	VA/ I	Content	Learning Outcomes		Domair	ı	MIT's	Hours	Assamont	No of
5.110	Weeks		Learning Outcomes	С	Р	Α	IVIIIS	Hours	Assesment	Items
			TOPIC: BASIC CONCEPTS IN MATHEMATI	CS						
1		fraction and decimal	Discuss the concepts of fraction and decimal with examples	C2						
2			Explain division of whole numbers by decimal with practical calculations	C2					MCQ's	
3	Week-1	decimal	Explain division of decimal by whole with practical calculations	C2			Interactive Lecture/SGD	1		5
4			Explain of decimal by decimal with practical calculations	C2						
5		percentage	Discuss the meaning of percentage in mathematical calculations	C2						
6	Week-2	fraction	Understand the conversion of percentage to fraction values	C1					MCQ's	
7		decimals	Practice the conversion of percentage to decimals values	C3			Interactive Lecture/SGD	1		5
8	vveek-2	percentage	Practice the conversion of fraction to percentage	C3						,
9			Practice the conversion of decimals to percentage	C3						
10		percentage	Calculate percentage for different given values	C3						
11		Practice	Practice to calculate part of a given value	C3						
12	Week-3	Practice	Learn that how to calculate base for a given value	C1			Interactive Lecture/SGD	1	MCQ's	5
13		fundamental operations	Apply four fundamental operations on fraction, decimal and percentage	C3						
14		percentage formula	Apply the percentage formula in different word problems	C3						
			TOPIC: INTRODUCTION TO RATIO AND PROP	ORTION	٧					

15		ratio and proportion	Discuss ratio and proportion with proper examples	C2					
16		ratio and proportion	Differentiate between direct and inverse proportion	C4					
17	Week-4		Practice the conversion of ratio to fraction with practical calculations	С3		Interactive Lecture/SGD	1	MCQ's	5
18		Practice	Practice the conversion of ratio to decimals with practical calculations	С3					
19			Practice the conversion of ratio to percentage with practical calculations	C3					
20			Practice the conversion of ratio to fraction to ratio with practical calculations	C3					
21		Practice	Practice the conversion of ratio to decimal to ratio with practical calculations	C3					
22	Week-5		Practice the conversion of ratio to percentage to ration with practical calculations	C3		Interactive Lecture/SGD	1	MCQ's	5
23		ratio proportion method	Find the value of x by ratio proportion method	C3					
24			Solve word problems related to Ratio and proportion	C3					
			TOPIC: INTERPRETING THE LANGUAGE OF PRES	CRIPTIO	ON				
25			Interpret various time abbreviations during drug prescriptions by a physician	C4					
26		Interpret	Interpret various route abbreviations during drug prescriptions and administration	C4					
27	Week-6		Interpret various drug abbreviations prescribed by a physician	C4		Interactive	1	MCO/s	F
28	vveek-6		Discuss the abbreviations of SI System	C2		Lecture/SGD		MCQ's	5
29		abbreviations	Discuss the abbreviations of Household System	C2					
30			Discuss the abbreviations of Apothecary System	C2					

					1 1					
31		Abbreviations	Discuss the abbreviations of British System	C2						
32			Convert SI weight from one unit to another unit and SI volumes from one unit to another	C2						
33	Week-7	Convertion	Convert kilogram to pound and pound to kilogram	C2			Interactive Lecture/SGD	1	MCQ's	5
34		Convertion	Explain the discrepancies that exist in conversions	C2						
35			Solve the simple word problem based on these measurement systems	С3						
			TOPIC: DOSAGE MEASUREMENT SYSTE	М						
36			Discuss the equivalents of SI System	C2						
37			Discuss the equivalents of SI Units of Volume	C2						
38	Week-8	equivalents	Discuss the equivalents of SI Units of Weight	C2			Interactive Lecture/SGD	1	MCQ's	5
39			Discuss the equivalents of Household system	C2			-			
40			Discuss the equivalents of Apothecary system	C2						
41		Convertion	Discuss the equivalents of British system	C2					MCQ's	
42			Convert SI weight from one unit to another unit and SI volumes from one unit to another	C2				1		
43	Week-9		Convert kilogram to pound and pound to kilogram	C2			Interactive Lecture/SGD			5
44			Explain the discrepancies that exist in conversions	C2						
45			Solve the simple word problem based on these measurement systems	C3						
			TOPIC: BASIC DRUG ABBREVIATIONS AND CON	VERSIO	NS					
46	Wool: 10	abbreviations and conversions	Understand abbreviations and conversions of basic drugs used in patient management	C1			Interactive	1	MCO's	5
47	Week-10	equivalents	Employ the equivalents in medication measurements	C4			Lecture/SGD		MCQ's	5
48	Week-11	Convertion	Convert the units within the systems	C2			Interactive	1	MCO's	5
49	vveek-11	medication and prescription orders	Describe simple physicians medication and prescription orders	C2			Lecture/SGD	,	IVICŲ S	5
			TOPIC: APPLICATION OF BASIC MATHEMATICS TO MEDI	CATION	N DOSAG	GES				

#### CENTRAL CURRICULUM & ASSESSMENT COMMITTEE

50		4	Discuss the basic concepts of dose and dosages	C2						
51	Week-12	dose and dosages	Discuss some practical examples of calculating a dose or dosages	C2			Interactive Lecture/SGD	1	MCQ's	5
52		SI, Household Systems	Discuss the differences between the SI and the Household Systems for weights and volumes	C4						
53	Week 12	SI, British, Household S y st e m s	Demonstrate conversion of the SI, British and Household Systems for selected problems	С3			Interactive	1	MCO/a	г
54	Week-13	fundamental	Compute four fundamental operations on conversion among the system	C4			Lecture/SGD	ı	MCQ's	5
			TOPIC: CALCULATIONS OF MEDICATION FOR VARI	OUS RO	OUTES					
55			Solve word problems on oral medications by using formula for solid medications	С3						
56	Wool, 14	Solve word problems	Solve word problems on oral medications by using formula for liquid medications	С3			Interactive Lecture/SGD	1	MCQ's	-
57	Week-14		Solve word problems on oral medications by using formula for powder medications	C3						5
58			Interpret the scale on syringes of 1,3 and 5 ml	C4						
59			Calculate simple problems for medications administered by subcutaneous injections, (SC)	С3						
60	Week-15	Calculation	Calculate simple problems for medications administered by intramuscular injections, (IM)	C3			Interactive	1	MCO's	5
61	week-15	Calculation	Calculate simple problems for medications administered by Intravenous infusions. (IV)	C3			Lecture/SGD	ı	MCQs	5
62			Calculate special types of problems in injection from liquid when Stock is a ratio	С3						
63			Calculate special types of problems in injection from liquid when Stock is a percentage	C3						
64	Week-16	Calculation	Calculate intravenous infusion rates by using formulae for ml per hour	C3			Interactive Lecture/SGD	1	MCQ's	5
65			Calculate intravenous infusion rates by using formulae for drops per minute	С3						

# **NU-206 ENGLISH-III 2(2-0)**

This course has been designed to increase the capacities of students with their reading speed and paragraph development. The course will further enable the learner to summarize the readings with the use of proper grammar and vocabulary. It would also intend to prepare them for writing the accurate nursing objectives in an organized manner. Furthermore the course would focus on writing short applications using language of request.

#### **Cognitive Domain**

By the end of this subject, students should be able to:

- 1. Read with speed, articles on topics of general/specific interest
- 2. Practice rapid reading with no loss of comprehension
- 3. Identify and overcome some obstacles to faster reading
- Refrain from some bad reading habits such as finger pointing and vocalizing
- 5. Skim to get the main idea that sums up the whole paragraph
- 6. Scan portions of text for specific information
- 7. Enhance general reading speed through over viewing

#### **Affective Domain**

- Follow the specified norms of the IL, SGD teaching & learning.
- Demonstrate the humbleness and use the socially acceptable language during academic and social interactions with human models, colleagues and teachers.
- Demonstrate ethically competent decisions when confronted with an ethical, social or moral problem related to professional or personal life.

## TOS - NU-206 ENGLISH-III 2(2-0)

S.No	Weeks	Content	Learning Outcomes		Domair	n .	MIT's	Hours	Assesment	No of	
3.110	vveeks	Content	Learning Outcomes	С	Р	А	IVII I S	Hours	Assesment	Items	
	TOPIC: SPEED READING										
1			Read with speed, articles on topics of general and specific interest	C1							
2	Week-1	Reading	Practice rapid reading with no loss of comprehension	C3			Interactive Lecture/SGD	2	MCQ's	5	
3			Identify and overcome some obstacles to faster reading	C1							
4			Recognize to refrain from some bad reading habits such as finger pointing and vocalizing	C2				2	MCQ's		
5	Week-2	2 Reading & Skiming	Skim to get the main idea that sums up the whole paragraph	C2			Interactive			5	
6	vveek-2		Practice to scan portions of text for specific information	C3			Lecture/SGD			3	
7			Express to enhance general reading speed through over viewing	C2							
			TOPIC: READING AND SUMMARIZING								
8			Skim through a given text to get an overall/global understanding	C2							
9	Week-3		Explain that how to read again to get a deeper and more detailed understanding	C2			Interactive	2	MCQ's	5	
10	vveek-5	Summarizing	Discuss to select the main points and jot them down in note form	C2			Lecture/SGD	2	IVICQS	5	
11			Convert the main points into complete sentences	C2							
12			Arrange sentences in logical sequence	C5							
13	Week-4	Sentences structure	Assess for factual errors	C6			Interactive Lecture/SGD	2	MCQ's	5	
14			Write a fair copy of the shortened version	C2							
			TOPIC: PARAGRAPH DEVELOPMENT								

16			Discuss that how to brainstorm ideas in the form of word clusters, mind map or spider gram etc	C2				
17	W 15		Practice free writing	C3	Interactive		MCO	-
18	Week-5	Writing	Use pre-writing strategies to write a paragraph outline	С3	Lecture/SGD	2	MCQ's	5
19			Identify the structural components of a paragraph	C1				
20			Write a topic sentence that states the main idea	C2				
21	Week-6	Paragraph Development	Write supporting details that develop the main idea	C2	Interactive Lecture/SGD	2	MCQ's	5
22			Arrange sentences in a logical order	C5				
23			Use transitions to ensure a smooth flow of ideas	C3				
24	Week-7	Paragraph Development	Restate the main idea effectively in the concluding sentence	C4	Interactive Lecture/SGD	2	MCQ's	5
25			Describe a person and / or object, incorporating all the skills learnt in paragraph development	C2				
			TOPIC: NURSING OBJECTIVES					
26		Guidelines	Discuss and follow general guidelines for writing correct nursing objectives	C2				
27	Week-8	purpose	Understand the purpose of writing nursing objectives	C1	Interactive Lecture/SGD	2	MCQ's	5
28		objectives and goals	Differentiate between objectives and goals	C4				
29		sequence	Write nursing objectives in proper sequence	C2				
30	Week-9	action verb	Employ appropriate and measurable action verbs	C3	Interactive Lecture/SGD	2	MCQ's	5
31		SMART	Evaluate objectives against the SMART criterion	C6				
			TOPIC: GRAMMAR					
32		Tenses	Practice to complete sentences, paragraphs using appropriate form of present, past, future tenses	C3				
33	Week-10	verb agreement	Practice to maintain subject verb agreement in sentences	C3	Interactive Lecture/SGD	2	MCQ's	5
34		word order	Write sentences using the correct word order	C2				

#### CENTRAL CURRICULUM & ASSESSMENT COMMITTEE

Wook 11	active & passive	Convert active sentences into passive and vice versa	C4		Interactive	2	MCO's	5
week-11	direct & indirect	Change direct speech into indirect speech and vice versa	C4		Lecture/SGD	۷	IVICQ'S	3
	tenses	Differentiate between present perfect and past simple	C4					
Week-12	articles	Use the definite and indefinite articles correctly	С3		Interactive Lecture/SGD	2	MCQ's	5
	preposition	Insert correct prepositions of time and place in sentences	C3					
		TOPIC: VOCABULARY						
	dictionary	Use the dictionary with facility	С3					
Week-13	speech	Identify various parts of speech	C1		Interactive Lecture/SGD	2	MCQ's	5
	root words	Discuss how to enhance the knowledge of root words	C2					
	suffixes and prefixes	Identify some of the common suffixes and prefixes used in medical terminology	C1					
Week-14	idiomatic phrases	Use some of the idiomatic phrases used to describe physical ailments	C2		Interactive Lecture/SGD	2	MCQ's	5
	idioms	Discuss idioms and phrasal verbs used in general	С3					
		TOPIC: WRITING SHORT APPLICATIONS USING LANGU	AGE OF	REQUEST				
W 1 45	letters	Write accurate, to the point, clear and courteous letters of request	C2		Interactive	2	MCO	-
vveek-15	application	Discuss and follow the basic pattern purpose, circumstance, actions in writing an application	C2		Lecture/SGD	2	MCQ's	5
		Use appropriate salutation in writing an application of request	C3					
Week-16	application	Discuss that how to include relevant information in an application of request	C2		Interactive Lecture/SGD	2	MCQ's	5
		Exhibit to convince and persuade the recipient of an application	C3					
	Week-13 Week-14	Week-12 tenses articles preposition  Week-13 dictionary speech root words suffixes and prefixes idioms  Week-14 letters application	Week-11 direct & indirect         Change direct speech into indirect speech and vice versa           Week-12 tenses         Differentiate between present perfect and past simple           Week-12 articles         Use the definite and indefinite articles correctly           preposition         Insert correct prepositions of time and place in sentences           Week-13 TOPIC: VOCABULARY         Use the dictionary with facility           week-13 speech         Identify various parts of speech           root words         Discuss how to enhance the knowledge of root words           Identify some of the common suffixes and prefixes used in medical terminology           Use some of the idiomatic phrases used to describe physical ailments           idioms         Discuss idioms and phrasal verbs used in general           TOPIC: WRITING SHORT APPLICATIONS USING LANGU           Week-15 application         Discuss and follow the basic pattern purpose, circumstance, actions in writing an application           Week-16 uses appropriate salutation in writing an application of request         Use appropriate salutation in writing an application of request           Exhibit to convince and persuade the recipient of an	Week-11         direct & indirect         Change direct speech into indirect speech and vice versa         C4           Week-12         tenses         Differentiate between present perfect and past simple         C4           Week-12         articles         Use the definite and indefinite articles correctly         C3           TOPIC: VOCABULARY         TOPIC: VOCABULARY           Week-13         dictionary         Use the dictionary with facility         C3           TOPIC: VOCABULARY         C3         C1           TOPIC: VOCABULARY         C3         C1           Week-13         speech         Identify various parts of speech         C1           TOPIC: VOCABULARY         C3         C2           Week-14         speech         Identify some of the common suffixes and prefixes used in medical terminology         C1           Use some of the idiomatic phrases used to describe physical aliments         C2           idioms         Discuss idioms and phrasal verbs used in general         C3           Week-15         letters         Wirth accurate, to the point, clear and courteous letters of request         C2           application         Discuss and follow the basic pattern purpose, circumstance, actions in writing an application of request         C3           Week-16	Week-11       direct & indirect       Change direct speech into indirect speech and vice versa       C4         Week-12       tenses       Differentiate between present perfect and past simple       C4         articles       Use the definite and indefinite articles correctly       C3         Week-12       dictionary       Use the dictionary with facility       C3         James and prefixes       Identify various parts of speech       C1         Veek-13       Speech       Identify some of the common suffixes and prefixes used in medical terminology       C2         James and prefixes       Use some of the idiomatic phrases used to describe physical ailments       C2         Jailments       Joiscuss idioms and phrasal verbs used in general       C3         Week-15       Write accurate, to the point, clear and courteous letters of request       C2         Joiscuss and follow the basic pattern purpose, circumstance, actions in writing an application       C2         Joiscuss that how to include relevant information in an application of request       C2         Week-16       Application       Discuss that how to include relevant information in an application of request         Exhibit to convince and persuade the recipient of an C3	Interactive   Lecture/SGD	Week-11         Interactive Lecture/SGD         2           Week-12         dictionary         Use the definite and indefinite articles correctly         C3         Interactive Lecture/SGD         2           TOPIC: VOCABULARY           Week-13         speech         Identify various parts of speech         C1         Interactive Lecture/SGD         2           Week-14         speech         Identify various parts of speech         C1         Interactive Lecture/SGD         2           Week-14         suffixes and prefixes         Identify some of the common suffixes and prefixes used in medical terminology         C1         Interactive Lecture/SGD         2           Week-14         idiomatic phrases         Use some of the idiomatic phrases used to describe physical aliments         C2         Interactive Lecture/SGD         2           Week-15         idioms         Discuss idioms and phrasal verbs used in general         C3         Interactive Lecture/SGD         2           Week-15         letters         Write accurate, to the point, clear and courteous letters of request         C2         Interactive Lecture/SGD         2           Week-16         application         Discuss and follow the basic pattern purpose, circumstance, actions in writing an application         C3         Interactive Lecture/SGD         Lecture/SGD         2	Week-11 direct & indirect         Change direct speech into indirect speech and vice versa         C4         Interactive Lecture/SGD         2         MCQ's           Week-12 articles         Differentiate between present perfect and past simple         C4         Interactive Lecture/SGD         2         MCQ's           Week-12 articles         Use the definite and indefinite articles correctly         C3         Interactive Lecture/SGD         2         MCQ's           Week-13 preposition         Insert correct prepositions of time and place in sentences         C3         Interactive Lecture/SGD         2         MCQ's           Week-13 preposition         Use the dictionary with facility         C3         Interactive Lecture/SGD         2         MCQ's           word words         Discuss how to enhance the knowledge of root words         C2         Interactive Lecture/SGD         2         MCQ's           Week-14 idiomatic phrases         Identify some of the common suffixes and prefixes used in medical terminology         C1         Interactive Lecture/SGD         2         MCQ's           Week-14 idiomatic phrases         Use some of the idiomatic phrases used to describe physical ailments         C2         Interactive Lecture/SGD         2         MCQ's           Week-15 idioms         Discuss idioms and phrasal verbs used in general         C3

#### **Recommended Text Books**

#### **ADULT HEALTH NURSING-I**

- Brunner, L. S., & Suddarth, D. S. (2005). Text Book of Medical Surgical Nursing (10th Edition). Philadelphia: Lippincott.
- Bardsley, A. (1999). A sense of control. Nursing Times, 95 (31) 66-69.
- Brune, B. (July 2001). Deep vein thrombosis prophylaxis: the effectiveness and implications of using below knee or thigh length graduated compression stocking. Heart and Lung, 30 (4), 277-284.
- Black, J. M. & Jacobs, E. M. (1993). Medical Surgical Nursing: A psychophysiological approach. (4th.ed.). Philadelphia: W.B.Saunders.
- Edward, S. (2001). Regulation of water, sodium and potassium: Implication for practice. Nursing Standard, 15 (22), 36-45.
- Gordon, M. (2004). Nursing Diagnosis: process and application (3rd. Ed.) Philadelphia: Mosby.
- Hayes, D. (2000). Caring for your patient with permanent hemodialysis access. Nursing, 30 (3), 41-46.
- Pullen, M. (1999). Nutrition in chron's disease. Nursing Standard, 13(27), 49-53.
- Smelter, S. C., & Bare, B. G. (2000). Text book of Medical-Surgical Nursing (9th Ed.).
   Philadelphia: Lippincott.
- Tortora, G. J. & Grabowski, S. R. (2000). Principles of anatomy and physiology (9th Ed.). New York: John Wiley & sons Inc.
- Whyte, A. (2000). Organ recital. Nursing Times, 96 (23), 28-30

#### **PATHOPHYSIOLOGY-I**

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- Author D. Fluid & electrolyte made incredibly easy. (2002). 2nd Ed). Pennsylvania springhouse.
- Sue, Huether E. (2000). Understanding pathophysiology New York: Mosby.
- Tortora, G. J., & Anagnostakos, N. P. (2000). Principles of anatomy and physiology New York: Harper & Row.
- Wilson, S. A. P & LM. (1997). Clinical concepts of disease processes (5th Ed). Mosby.

#### **HEALTH ASSESSMENT-I**

- Bicklay, L. S. (1999). Bates' guide to physical examination and history taking (7th Ed).
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- Cox, C. H. (1997). Clinical applications of nursing diagnosis (3rd Ed).
- DeGowin, R. L., & Brown, D. D. (2000). Degowin's diagnostic examination (7th Ed.).
   New York: McGraw-Hill.
- Fuller, J. & Schaller Ayers, J. (2000). Health Assessment: A Nursing approach. (3rd Ed.).
   Philadelphia: J. B. Lippincott.
- Jarvis, C. (1996). Physical examination & health assessment (2nd Ed). Philadelphia:
   Saunders.
- McFarland, G. K, et. al. (1997). Nursing diagnosis and intervention planning for patient care chapter 1 & 2 (3rd Ed).
- Munro, J. F., & Campbell, I. W. (2000). Macleod's clinical examination (10th Ed). Edinburgh: Churchhill Livingstone.
- Thompson, B. (1991). Clinical manual of health assessment. (4th Ed).St. Louis: Mosby.
- Weber, J. R. (2001). Nurses' handbook of health assessment (4th Ed). Philadelphia: Lippincott.
- Wilson, S. F; Giddens J. F. (2001). Health assessment for nursing practice (2nd Ed).St. Louis: Mosby.

#### PHARMACOLGY-I

- Aucker, L. (2001). Pharmacology and the nursing process. (3rd Ed.).London: Mosby.
- Boyer, M. J. (2002). Math for nurses. (5th Ed.). Philadelphia: Lippincott.
- Bruegal, C. (2003). Staying a step ahead of migraines. Nursing 33, (11), pp.56-58.
- Clayton, B. D. & Stock, Y. N. ((2001). Basic pharmacology for nurses.12th Ed London: Mosby.
- Clayton, B. D. & Stock, Y. N. (2001). Drugs used to treat glaucoma and other eye disorders. In (12th Ed.). Basic pharmacology for nurses. (pp. 430 - 468). London: Mosby.
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- Fain, J. (2004). Unlock the mysteries of insulin therapy. Nursing, 34 (3), 41-43.
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- Maddock, W., & Wilkinson, J. (2004). Aromatherapy practice in nursing: literature review. Journal of Advanced Nursing, 48(1), 93-103.
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- Porter, R. J. & Meldurm, A. J. (2001). Antiseizures Drugs. In Katzung, B. G. (8th Ed.).
   Basic & clinical pharmacology. (pp. 395 418). New
- York: Lange & Mc Graw.
- Trounce, J. & Gould, D. (2000). Anaesthetic Drugs. In (16h Ed.). Clinical pharmacology for nurses. (pp.139-151). New York: Churchill. Livingstone

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- Giangrasso, O. (2000). Medical Dosage Calculation: Prentice: Hal, Inc.
- Henke, G. (1999). Med-Math. Philadelphia: J.B. Lippincott.
- Mullholland, B. (1992). Drug Calculations: St. Louis Mosby Co.
- Weaver, K. (1992). Programmed Mathematics of Drug Solutions: J.B. Lippincott

#### **ENGLISH-III**

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- Barnet, S., & Bedan, H. (1996). Current issues and enduring questions: A guide to critical thinking argument with reading (4th Ed.). Boston: Bedford.
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- Eastwood, J. (2004). Oxford practice grammar. Karachi: Oxford University Press.
- Gelfand, H., & Charles J. Walker, J. C. (Eds.). (2001). Mastering APA style: Instructor's resource guide (5th Ed.).Washington: American Psychological Association .
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- Moon, J. A., (1999). Reflections in learning and professional development. London:

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- Maker, J., & Lenie, M. (1996). Academic reading with active critical thinking. Cambridge: Wadsworth.
- Murphy, R. (2004). Murphy's English Grammar (3rd ed.). New Delhi: Cambridge University Press.
- Kirkpatrick, B. (2004). English for social interaction: Social expressions. Singapore: Learners Publishing.
- Seaton, A. (2004). Understanding spelling: Making sense of the rules, exceptions, and word formation. Singapore: Learners Publishing.



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