



Sabiha KHANUM

"Keenly interested in academic and research related opportunities"

Education

- 2013–2017 **PhD in Nursing,**
Federal University of Santa Catarina, Florianopolis, Brazil.
- 2007–2010 **Master in Public Health,**
Gandhara University, Peshawar, Pakistan.
- 2003–2004 **Bachelor of Science in Nursing,**
University of Peshawar, Peshawar, Pakistan.
- 2000–2001 **Diploma in Midwifery,**
Nursing Examination Board, KPK, Peshawar.
- 1998–2000 **Diploma in Nursing,**
Nursing Examination Board, KPK, Peshawar.

PhD thesis

- Title Nursing Care Network for pregnant women for the Prevention of Pre-eclampsia and Eclampsia
- Supervisor Prof. Dr. Maria de Lourdes de Souza

Master thesis

- Title Prevalence of Smoking in Ischemic Heart Disease in a tertiary care hospital Peshawar.
- Supervisor Prof. Dr. Hamid Hussain

Research Interest

- Women Health
- Nursing Practices
- Nursing Education
- Pre-eclampsia and Eclampsia
- eHealth

Publications

- [1] BEGUM, Nusrat ; NAZ, Najma ; MUHAMMAD, Dildar ; KHANUM, Sabiha ; RAHIM, Tariq ; KHAN, Sheraz: Lived Experiences of Women after Emergency Peripartum Hysterectomy: A Qualitative study in Peshawar, Pakistan. In: *Pakistan Journal of Medical & Health Sciences* 17 (2023), Nr. 01, S. 212–212 **HEC Recognized**
- [2] KHANUM, Sabiha ; JABEEN, Sumaira ; SOUZA, Maria de Lourdes d. ; NAZ, Najma ; ANDRADE, Zannis Benevides d. ; NÓBREGA, Juliana Fernandes d. ; LYNN, Fiona A. ; GIACON-ARRUDA, Bianca Cristina C.: Mental Health of Mothers After Normal Vaginal and Cesarean Deliveries: A Comparative Study in Kohat, Khyber Pakhtunkhwa, Pakistan. In: *Texto & Contexto-Enfermagem* 31 (2022)(**HEC Category Y**)
- [3] ULLAH, Zia ; KHANUM, Sabiha ; NAZ, Najma ; DIN, Zia U.: Challenges and opportunities during covid-19 pandemic in online nursing education: students' and teachers' perspective at institute of nursing sciences, Khyber medical university, Peshawar. In: *Rehman Journal of Health Sciences* 4 (2022)(**HEC Category Y**), Nr. 2, S. 105–113
- [4] MUHAMMAD, Faiz ; KHANUM, Sabiha ; NAZ, Sehrish ; NAZ, Najma ; ULLAH, Shakir u. a.: Experiences Of Nurses Attended Covid-19 Pandemic Patients During 2020, In Public Tertiary Care Hospitals. In: *Pakistan Journal of Health Sciences* (2022)(**HEC Category Y**), S. 120–124
- [5] MIAN, Nasar ; KHANUM, Sabiha ; SHAH, Bakhtiyar A. ; AURANGZEB, Muhammad ; ANWAR, Nasir ; SULTAN, Amir ; ZEB, Akhter ; HUSSAIN, Shah: Effect of Educational Intervention on the Knowledge of Nursing Students Regarding Dengue Fever: Knowledge of Nursing Students Regarding Dengue Fever. In: *Pakistan Journal of Health Sciences* (2022)(**HEC Category Y**), S. 108–112
- [6] ABBAS, Roosina ; KHANUM, Sabiha ; NAZ, Najma ; SULIMAN, Muhammad ; SULTAN, Amir: Psychological Distress, Adaptation, And Well-Being in COVID-19 Recovered Patients: A Correlational Descriptive Study. In: *Pakistan Journal of Health Sciences* (2022), S. 173–178 **HEC Category Y**
- [7] KHAN, Sheraz ; NAZ, Najma ; KHAUM, Sabiha ; ZABEEDA, Malika ; SIDDIQUE, Usama ; SALMAN, Muhammad: Perception of Faculty teachers towards OSCE in Public Nursing Colleges of Peshawar: Perception of Faculty teachers towards OSCE. In: *Pakistan Journal of Health Sciences* (2022), S. 157–161 **HEC Category Y**
- [8] NAZ, Najma ; KHANUM, Sabiha ; RAHIM, Tariq ; MUHAMMAD, Dildar: Knowledge and attitude of health care providers towards coronavirus in Khyber Pakhtunkhwa Pakistan. In: *Rehman Journal of Health Sciences* 4 (2022), Nr. 1, S. 6–9 **HEC Category Y**
- [9] KHANUM, Sabiha u. a.: Physical Health of Mothers after Normal Vaginal and Cesarean Deliveries: A Comparative Study in Kohat, Khyber Pakhtunkhwa, Pakistan. In: *Saudi J Nurs Health Care* 4 (2021), Nr. 8, S. 218–228

- [10] KHANUM, Sabiha u. a.: Experiences of Women Hospitalized with Preterm Premature Rupture of Membranes, Peshawar, Pakistan. In: *Saudi J Nurs Health Care* 4 (2021), Nr. 10, S. 308–316
- [11] NAZ, Najma ; SAYYED, Ali ; DAL SASSO, Grace Teresinha M. ; KHANUM, Sabiha ; SOUZA, Maria de L.: SavingLife: An Educational Technology for Basic and Advanced Cardiovascular Life Support. In: *Education Sciences* 8 (2018), Nr. 2 **HEC Category X**
- [12] CONCEIÇÃO, Mara B. ; DELZIOVO, Carmem R. ; SOUZA, Maria de Lourdes d. ; LYNN, Fiona A. ; BERTONCELLO, Kátia Cilene G. ; ROQUE, Ariane Thaise F. ; KHANUM, Sabiha ; BENTES, Cheila: Maternal Death and Potential Years of Life Lost (PYLL) in Santa Catarina, Brazil, in 2000 and 2014. In: *Open Journal of Nursing* 8 (2018), Nr. 11
- [13] KHANUM, Sabiha ; NAZ, Najma ; SOUZA, Maria de L.: Prevention of Pre-Eclampsia and Eclampsia. A Systematic Review. In: *Open Journal of Nursing* 8 (2018), Nr. 01, S. 26
- [14] KHANUM, Sabiha ; SOUZA, Maria de L. ; SAYYED, Ali ; NAZ, Najma: Designing a Pregnancy Care Network for Pregnant Women. In: *Technologies* 5 (2017), Nr. 4 **HEC Category Y**
- [15] NAZ, Najma ; DAL SASSO, Grace T. ; KHANUM, Sabiha ; SOUZA, Maria de L. ; RADÜNZ, Vera: The Contribution of Technological Approaches in Reducing Maternal Mortality: An Integrative Review. In: *Open Journal of Nursing* 6 (2016), Nr. 03, S. 133
- [16] MARTINS, Haimee Emerich L. ; SOUZA, Maria de L. ; KHANUM, Sabiha ; NAZ, Najma ; SOUZA, Anna Carolina Raduenz H.: The Practice of Nursing in the Prevention and Control of Postpartum Hemorrhage: An Integrative Review. In: *American Journal of Nursing* 5 (2016), Nr. 1, S. 8–15
- [17] NAZ, Najma ; KHANUM, Sabiha ; DAL SASSO, Grace Teresinha M. ; SOUZA, Maria de L.: Women's Views on Handling and Managing Their Breast Cancer in Pakistan: A Qualitative Study. In: *Diseases* 4 (2016), Nr. 2, S. 17 **HEC Category Y**
- [18] KHANUM, Sabiha ; SOUZA, Maria de Lourdes d. ; NAZ, Najma ; SASSO, Grace Teresinha Marcon D. ; BRÜGGEMANN, Odalea M. ; HEIDEMAN, Ivonete Teresinha Schuler B.: The Use of Networking in Nursing Practice - An Integrative Review. In: *Societies* 6 (2016), Nr. 3, S. 22 **HEC Category X**
- [19] COSTA, IAP ; SOUZA, ML ; SOUZA, SCSM ; SOUZA, ACRH ; KHANUM, S ; RANGEL, RCT: Brazilian nursing technology production: an integrative review. In: *J Nurs Care* 5 (2016), Nr. 6, S. 373
- [20] KHANUM, Sabiha ; RANGEL, Rita de Cassia T. ; SOUZA, Maria de L. ; SOUZA, Anna Carolina Raduenz H. ; NAZ, Najma: Maternal Mortality related to Pre-eclampsia/Eclampsia in Santa Catarina, Brazil: A Population-based Study ATINER's Conference Paper Series NUR2015-1769, 2015

Conferences and Workshops Attended

- Conference **1st Annual International Conference on Nursing**,
Athens Institute for Education and Research, Athens, Greece,
4-7 May 2015.
- Workshop **Social Technology: Solutions to Postnatal Care in Brazil**,
Federal University of Santa Catarina, Florianopolis, Brazil,
7-10 March 2016.
- Workshop **National Diabetic and Diabetic Foot Programme**,
MTI LRH and MTI HMC, Peshawar, Pakistan,
10-12 February 2011.
- Workshop **BCLS and ACLS**,
Cardiology Department, LRH, Peshawar, Pakistan,
15-17 November 2007.
- Workshop **Hospital Waste Management**,
NUST and Ministry of Environment, ICMS, Peshawar, Pakistan,
18-22 April 2006.
- Workshop **BCLS and ACLS**,
Cardiology Department, LRH, Peshawar, Pakistan,
9-12 November 2005.

Work Experience

- 2003–2005 **Staff Nurse (2 Years)**,
SOS Pajagai Road, Peshawar, KPK, Pakistan.
- 2006–2013 **Staff Nurse (7 Years)**,
Cardiology CCU, MTI LRH, Peshawar, KPK, Pakistan.
- 01/2017–
12/2017 **Principal (10 months)**,
Shahid College of Nursing, Shabqadar Peshawar, KPK, Pakistan.
- 01/2018–
11/2018 **Principal (10 months)**,
Farkhanda Institute of Nursing, Gandhara University, Peshawar, KPK, Pakistan.
- 12/2018–
05/2019 **Principal (6 months)**,
Malakand College of Nursing, Matta, Swat, KPK, Pakistan.
- 06/2019–
07/2023 **Assistant Professor** ,
Institute of Nursing Sciences (INS), Khyber Medical University (KMU), Peshawar,
KPK, Pakistan.
- 07/2023–
todate **Associate Professor**,
Institute of Nursing Sciences (INS), Khyber Medical University (KMU), Peshawar,
KPK, Pakistan.
- 10/2020–
todate **Director** ,
Institute of Nursing Sciences (INS), Khyber Medical University (KMU), Peshawar,
KPK, Pakistan.

Subjects Taught

- Nursing Theory
- Nursing Research
- Research Proposal Writing

MS Thesis Supervised

- 30 Students

MS Thesis Supervising

- 7 Students

Ph.D. Thesis Supervising

- Three National Students
- One International Students

Languages

Pushtu	Mother Tongue
Urdu	Proficient User
English	Proficient User
Portuguese	Basic User

Contact Details

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References

Prof. Dr. Maria de Lourdes de Souza, Professor at UFSC, Brazil
Prof. Dr. Ivonete Teresinha Buss Heidemann, Professor at UFSC, Brazil